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7 NIGHTS

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7

NIGHTS

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Suzanne Pochanier

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DISCLAIMER: Thoughts offered by the authors and contributors, 7 Nights may be missing some restaurants, bars or nightspots because they didn't have time to participate or did not meet the requirements for inclusion. Check out 7nightsvt.com for a complete list of Vermont restaurants and bars. **NOTICE:** We do not accept paid reviews. If you are a restaurateur and you would like to have your restaurant listed, please email a message to us at 7nights@sevendaysvt.com.

Vermont's food scene has exploded in the last decade and the annual 7 Nights guide has grown right along with it. The 2011 edition is the biggest yet, with more restaurants and expanded spotlight lists that are sure to encourage readers to try a new dining spot or two.

Or living around Vermont? This comprehensive restaurant guide is the perfect companion — as good as a GPS, in fact. Keep it in your glove box for quick reference when exploring or visiting friends.

Stayin' local? 7 Nights gently reminds you there are lots of interesting eaters out there. Maybe it's time to try something new?

Vermont benefits from transplanted big-city chefs — Michael Taveira Dame's beloved protégé Michael Clava, for example — and an enterprising immigrant and refugee population cooking up fare from Mexico, Thailand, Vietnam and the Caribbean. Consequently, the eating here is more varied and sophisticated — than ever. These Vermont chefs were nominated for James Beard awards this year.

Did we mention the farm-fresh localvore trend? It just gets hotter and hotter.

7 Nights is a year-round project of the food-writing team at Seven Days. Vermont's only alternative weekly. At the end of last year, food editor Suzanne Pochanier left the paper to open a restaurant of her own, Salt in Montpelier. Her byline indicates the work she contributed to the magazine before she left.

Pochanier's replacement, Colin Hinrich, hits the ground running. She and food writer Alice Lovell rose to the Herculean challenge of compiling and verifying all the listings in this guide.

7 Nights' new editor is Alice. Diners are invited to write their own restaurant reviews on the 7 Nights website. Every other week, Lovell and I design a new 7 Nights issue and produce a new media issue of "7nights" in a tongue-in-cheek video series, "7nights TV." Episode topics have ranged from a boozy trip to the Vermont BrewFest Festival to a square-dancing party. Each week on "7nights TV," a feature on our staff blog, Alice Lovell reviews a restaurant that offers diners for less than \$20.

Speaking of great deals, Seven Days launched the first-ever Vermont Restaurant Week last year. More than 60 restaurants participated in the 2010 event, which runs from April 29 to May 5. For \$10, \$25 and \$35 — and a \$10 lunch special — Greek gyros, funky tacos, and breakfast country eats are serving up their prix-fixe best.

Whether it's time to get your act — or dieting — ready, every year Vermont tastes just a little better.

Vermont Fresh Network is a local nonprofit organization that actively cultivates partnerships among chefs, farmers and consumers. When you see the logo, you know that as of April 1, 2011, the restaurant has made a commitment to source small farms in Vermont by serving local products on the menu. For more info go to vermontfresh.net.

ON THE COVER: Big Picture Theater & Cafe, Waitsfield
Photo: L. J. COOPER / L. J. COOPER

CHAMPAIGN ISLANDS/ NORTHWEST

STOWE/ SMUGGS AREA

NORTHEAST KINGDOM

UPPER VALLEY

RUTLAND AREA

MIDDLEBURY AREA

WATERBURY/ MAD RIVER VALLEY

BARRE- MONTPELIER AREA

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- B** STOWE/SHUGGS AREA
- C** NORTHEAST KINGDOM
- D** UPPER VALLEY
- E** RUTLAND AREA
- F** HIDDLEBURY AREA
- G** MAD RIVER VALLEY/WATERBURY
- H** BARRE-MONTPELIER AREA
- I** CHITTENDEN COUNTY
- J** BURLINGTON

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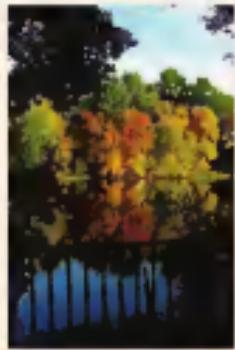
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THAI HOUSE

333 Swanton Road, Highgate Commons
Shopping Center, St. Albans, 824-0989

The northern reaches of Vermont seem an unlikely setting for authentic Thai food. Yet, in a strip mall just north of St. Albans village, the Thai House cooks up complex dishes that layer together the flavors of Thai cuisine—salty, sweet, creamy and sour—using contrasting textures, temperatures and hues.

The eatery is BYOB—and it's likely to stay that way—but the wait staff is happy to supply wine or craft beer glasses, before dinner arrives in short order. The Thai House's shimmering tom yum soup harbors fat, creamy and chunky pieces of ginger in its broth. Crisp, shaved-wheat spring rolls are filled with minuscule bits of mushroom, cabbage and clear noodles. A hearty duck salad pairs generous morsels of crispy meat with fresh baby greens, wedges of tomato and slivers of red onion, finished off with a cilantro- and mint-flecked lime dressing that tastes faintly of fish sauce.

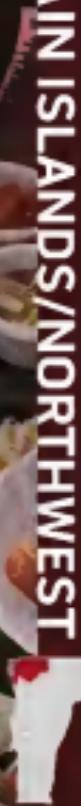


Chef Anne Dhawalika specializes in spicy, such as khao soi, a Thai street dish that combines meat, chunks of chicken, crispy-fried scallions, raw red onions and pickled cabbage atop a bundle of noodles and yellow coconut curry broth. Rainbow trout may not be native to Thailand, but the chef breads and fries this Western staple, sets it in a pool of chili sauce and tops it with a neon medley of carrots, red bell peppers and green beans.

The desserts, too, are worth driving for. The restaurant's signature rice pudding pairs a sticky mess of black rice with a swirl of savory green custard. When it down with chrysanthemum tea or bittersweet Thai coffee, before congratulating yourself on a rare Asian food find in Franklin County.

CORIN HIRSCH

CHAMPLAIN ISLANDS/NORTHWEST



7

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SANTOS COCINA LATINA

311 Mountain Road, Stowe, 253-3110

There's nothing New England about Santos Cocina Latina — except that it's located on the main strip in Stowe. Inside is a different world: one more spicy than savory, more spicy than sweet. On the walls, images reminiscent of Latin American street art are mixed in with icons of Catholic saints and the Virgin Mary. The music speaks directly to your hips.

The food lives up to the promise of the atmosphere. Little bites and bites — including delicacies such as shrimp fried rack shrimp and corn dogs — are packed with flavor. Cocina, ginger, citrus juices and housemade pickles make regular appearances. Never tried�? Here it's a must.



The menu is sizable, and the specials change regularly, which means there's always something new to sample. On one day, the paella for two might be meat free with mushrooms, broth and vegetables. A week later, it could be rice loaded with spicy chorizo, chicken and scallops, and garnished with saffron ale.

There's always an enticing soup of the day — one rendition made a surprising match of asparagus and coconut, puréed to silky perfection. Look for plenty of exotic sorbets, too.

How did a restaurant with its roots in Puerto Rico land in the mountains of Vermont? Owners Miguel Garcia and Hana Kiera Jurasz moved from the Caribbean island to Stowe — formerly their vacation home — to indulge their love of outdoor sports emulated. As a result, the state's a better place.

SUZANNE PODHAUSER

STOWE/SMUGGS AREA



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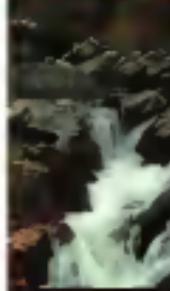
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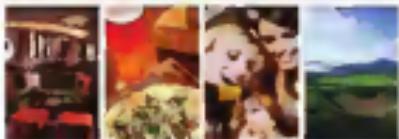


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When you review restaurants online, you become a member of our Bite Club. You'll receive a weekly email newsletter with special offers, invitations to exclusive tastings and our fun weekly poll. There's a sneak peek of food news from the upcoming Seven Days, too. Also, enjoy videos on Bite Club TV.



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TIMBUKTU'S

816 Broad Street, Lyndonville, 626-3338

Timbuktu, a city in the West African country of Mali, is renowned for its remoteness. In fact, it's an important stop on two major trade routes and boasts one of the world's first universities.

None of which has anything to do with Timbuktu's in Lyndonville, a bar and grill that doesn't have a lick of African influence. According to its owner, the menu, owner Matt Bennett's grandmother used to tell him that "If you don't straighten up, I'm gonna kick your butt from here to Timbuktu."

Ownering a bustling restaurant—which means families in the dining room and a louder crowd at the sizable bar—should be good enough to appease Grampa.

The atmosphere is a little bit rock and roll. On the menu, which comes folded out at first glance resembles a treasure map, many items are named for songs, including the wonky "Flea Bait" chicken stripe and the "Come Sail Away" fish 'n' chips.



Bennett's reasonably priced fare is a mix of European-influenced dishes—such as angel hair pasta in a buttery white wine sauce and a risotto of the day—and good old American motifs. Think buffalo wings, chicken and waffles, and "Wicked Clam Chowder."

There are some surprising touches, too. A scalloped dish called "Sitting on the Dock of the Bay" is flavored with fig jam and preserved lemon, and the accompanying mashed potatoes—or French fries—are laced with truffle oil. Then there's the oh-so-tasty appetizer with a yogurt-mashed-avocado sauce and pickled ginger.

Timbuktu's may not offer up couscous with goat, but it's a town removed for a world-famous diner and a flag Battenberg factory, a restaurant that serves new fare and flavors its fries with huygen's a pretty darn exotic.

SUZANNE FOSHNER

NORTHEAST KINGDOM



7 NIGHTS

NORTHEAST KINGDOM

AMERICAN

CONTEMPORARY

Alice's Table

100 Main St., Jay 05347-9202 • Hours: 11 a.m.-12 p.m. (breakfast), 12:30-2 p.m. (lunch), 5-8 p.m. (dinner) • Vegetarian, gluten-free options, good for groups, kid-friendly, outdoor seating, indoor rec., casual, veggie-friendly • \$15-\$25 • Alice's Table has been a favorite since before and after raising the steaks. The grass-fed beef tenderloin comes with Jasper Hill Farm's cream sauce (with wild mushrooms) and buttery button mushrooms. \$22-\$28

Brown's Market Bistro

1201 Scott Hwy., Green 05446-4124 • Closed Mon., Tues.-Thurs. 11 a.m.-2 p.m. • Breakfast only, delivery, good for groups, kid-friendly, outdoor seating, indoor rec., table service, veggie-friendly • \$15-\$25 • This bistro at the edge of Green State Farm focuses on unique preparations of seafood and steaks. Plates are built with produce from the Little Farmers Market. \$22-\$28

Cafe Sweet Basil

100 Main St., Lyndonville 05835-9710 • Closed Tues., Thurs., Tues.-Thurs. 11 a.m.-4 p.m. • Delivery, check-out, kid-friendly table service, veggie-friendly • The menu here is mostly Southeastern, but spans the globe. Heirloom Tomato Basil, \$12

Claire's Restaurant & Bar

11 Main St., Hardwick 05732-9202 • Closed Wed., Thurs. 8 a.m.-11 p.m. • Breakfast, gluten-free options, veggie-friendly, kid-friendly, all ages, outdoor seating, indoor rec., The community has bought in—literally—in to the Seven Mountains region. The food comes from Middle Eastern, Latin American, Asian and European influences. "Bistro" served Sunday. \$22-\$28

Elements Food & Spirit

100 Main St., Jay 05347-9202 • Closed Tues., Thurs., 11 a.m.-4 p.m. • Breakfast, gluten-free options, good for groups, kid-friendly, outdoor seating, indoor rec., veggie-friendly, all ages • The original local eat-in, cozy cocktails, hearty entrees and hors d'oeuvres (lunch Sunday at 11 a.m. till 4 p.m.). \$22-\$28

Highland Lodge Restaurant

100 Main St., Craftsbury Rd., Greensboro 05841-9202 • Hours: 11 a.m.-12 p.m. (breakfast), 11 a.m.-2 p.m. (lunch), gluten-free options, good for groups, kid-friendly, outdoor seating, indoor rec., seasonal, table service, veggie-friendly • A quintessential New England inn

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Rabbit Hill Inn

48 Lower Interstate Rd., Lower Waterford, 05854-9202 • Closed Wed., Fri. 8 a.m.-4 p.m. • Breakfast, veggie-friendly, kid-friendly, outdoor seating, indoor rec., veggie-friendly, all ages • Located in the heart of the Green Mountains, the Rabbit Hill Inn is the place to go for a quiet weekend getaway. The menu changes with the season. After dinner you can head to the Smokey Jim pub for a drink. \$22-\$28

River Garden Café

4201 Route 14, East Burke 05442-2024 • Closed Tues., Thurs., Mon.-Fri. 11 a.m.-2 p.m. • Breakfast, veggie-friendly, good for groups, kid-friendly, indoor rec., table service, veggie-friendly • After a day of hiking in the Green Mountains, how about a stroll through the gardens? On Sunday brunch replaces lunch. \$18

Tarantula Grill

2000 Vermont Range Rd., Hardwick 05732-7800 • Closed Tues., Tues.-Thurs. 11 a.m.-2 p.m. • Breakfast, veggie-friendly, kid-friendly, all ages, outdoor seating, indoor rec., seasonal, table service, veggie-friendly, all ages • The "Scary" name is a bit misleading. The menu here is the stuff of horror movies. The Vermont beer selection is also unique. The North East Kingdom is a weird lunch destination. \$22

• Timbuktu's (see p. 26)

111 Main St., Lyndonville 05835-9328 • Closed Sun., Mon., Tues. 11 a.m.-2 p.m. • Breakfast, veggie-friendly, good for groups, kid-friendly, outdoor seating, table service, veggie-friendly, all ages • This is a great place to eat. The menu is a mix of the best of the world. Best seller is the "Big Mac" burger. The meal for the burger is ground-out. Open for the last meal in April to the last meal in September. \$22

The Wimough Vale Inn Restaurant

100 Route 5A, Westmore 05470-4023 • Closed Tues., Mon.-Fri. 11 a.m.-2 p.m. • Breakfast, veggie-friendly, good for groups, kid-friendly, indoor rec., veggie-friendly, all ages • The dining room is small but the atmosphere is off the charts. Highly recommended. Robert Frost wrote his poem "A Servant to Servants" after staying here. Open June 1 to October. \$24

DINERS

Anthony's Diner

321 Railroad St., St. Johnsbury 05481-9202 • Hours: 11 a.m.-11 p.m. • Breakfast, veggie-friendly, kid-friendly, all ages • Kid-friendly table service, veggie-friendly, all ages • Located in the name of the genre at the river where the produce is local and organic. The place is a mom-and-pop diner, and it's the original. \$12

Miss Lyndonville Diner

320 Main St., Lyndonville 05835-9202 • Closed Tues., Sun., Mon., Tues. 11 a.m.-2 p.m. • Breakfast, veggie-friendly, kid-friendly, all ages • Kid-friendly table service, veggie-friendly • Located in a former gas station, Miss Lyndonville Diner is famous for its homemade breads and specialty service. \$12

P&H Truck Stop

Route 202A, Interstate 89 just off Interstate 91, Winooski River 05491-2141 • Hours: 11 a.m.-2 p.m. • Kid-friendly, table service • Located on the northeast dairy farm located in the flat farmland just west of the Green Mountains. Every day the bakery creates maple cream pastries and a variation of bread. \$12

SNACK BARS/CARTS

Cajun's Snack Bar

1004 Maple Rd., Lowell 05404-2002 • Hours: 11 a.m.-1 p.m. • Breakfast, veggie-friendly, kid-friendly, all ages, outdoor seating, veggie-friendly, all ages • Located in the heart of the Green Mountains, the Cajun's Snack Bar is a great place to stop for a meal. The meal for the burger is ground-out. Open for the last meal in April to the last meal in September. \$6

Soup 'n' Sandwich

Connie's Kitchen

45 Main St., Hardwick, 05732-9202 • Closed Tues., Sun., Mon., Tues. 11 a.m.-2 p.m. • Breakfast, veggie-friendly • The small eatery serves up creative cookies and soups along with sandwiches, soups, salads and desserts and homemade soups. \$8

DeBansville's General Store

40 Route 106, Blandford 05340-1330 • Hours: 11 a.m.-8 p.m. • Breakfast, veggie-friendly, kid-friendly, outdoor seating, indoor rec., seasonal, table service, veggie-friendly, all ages • This rustic dining location is a favorite among a pair of supporters of local food. Look at plates of wildlife while you wait. Or get your pizza, burgers and/or sandwiches to go. \$8

Eden Main Mart and Deli

100 Route 100, Eden, 05842-9202 • Hours: 11 a.m.-2 p.m. • Breakfast, veggie-friendly • Located in a standard mom-and-pop sandwich made to order. \$12

STEAKHOUSES/SEAFOOD

The Creamery Restaurant

44 Hill St., Randolph 05466-3004 • Closed Tues., Mon., Tues. 11 a.m.-2 p.m. • Breakfast, veggie-friendly, kid-friendly, all ages • Kid-friendly table service, veggie-friendly • Located in a former gas station, The Creamery Restaurant is a great night out and always a favorite of locals. The restaurant is well known for its handmade pasta and the lamb chops. The down-home looks like anything you'd see in a New England pub. \$22

The Derby Cow Palace

101 Route 1, Derby 05447-4734 • Hours: 11 a.m.-11 p.m. • Breakfast, veggie-friendly, kid-friendly, all ages • Kid-friendly table service, veggie-friendly • Located in a former gas station, The Derby Cow Palace is a great night out and always a favorite of locals. The restaurant is well known for its handmade pasta and the lamb chops. The down-home looks like anything you'd see in a New England pub. \$22

TRADITIONAL

The Brown Cow

2580 Main St., Newport, 05854-9202 • Hours: 11 a.m.-2 p.m. • Breakfast, veggie-friendly, kid-friendly, all ages • Kid-friendly table service • You might recognize the name from the local TV show "The Green Mile." The meal for the burger is ground-out. Open for the last meal in April to the last meal in September. \$12

Denville Restaurant & Inn

80 Route 2, Denville, 05442-9202 • Closed Tues., Sun., Mon., Tues. 11 a.m.-2 p.m. • Breakfast, veggie-friendly, kid-friendly, all ages • Kid-friendly table service • The meal for the burger is ground-out. The dinner takes no reservations and dinner is served Monday through Friday and Saturday by reservation only. \$24

Dining at Quarry Country

107 Forest Lake Rd., Ascutney 05341-9202 • Hours: 11 a.m.-8 p.m. • Breakfast, veggie-friendly, kid-friendly, outdoor seating, indoor rec., seasonal, table service, veggie-friendly, all ages • This rustic dining location is a favorite among a pair of supporters of local food. Look at plates of wildife while you wait. Or get your pizza, burgers and/or sandwiches to go. \$8

The Eastside Restaurant

40 Lander St., Newport, 324-2340 • Meats: B, Eggs: L, Full bar + all you can eat, delivery, gluten-free opts., good for groups, kid-friendly, outdoor seats, reserve rec., table service, veggie-friendly, w/f, low carb • *This place is famous for its French basque, as well as prime ribs and fresh fish. The fish is oven-baked. The dinner menu is very creative.* \$55

Enosburg Falls Country Club Restaurant

83 Main St., Enosburg Falls, 323-2700 • Meats: B, L, Full bar + gluten-free opts., good for groups, kid-friendly, outdoor seats, reserve rec., table service, veggie-friendly, w/f • *Very good food. The aquaculture program dominates the indoor and outdoor menus. The dinner menu is very creative.* \$55

Goodfella's Restaurant and Tavern

55 Parkers Ln., Cavendish, 802-482-8282 • Dined: Men., Tues. - Meats: L, P, Full bar + gluten-free opts., good for groups, kid-friendly, outdoor seats, reserve rec., table service, veggie-friendly, w/f • *This family-style tavern has a thing for maple syrup. They use it in their soups, top entrees and even chicken.* \$55

The Hendrick Village Restaurant

125 Main St., Hardwick, 437-8701 • Meats: B, L, good for groups, kid-friendly, table service, veggie-friendly • *Right yourself at Hardwick's home-style diner, where everything is fresh and homemade. Locals love the \$2.00 soufflé dinner - you just name it, a hammerstein or 7-bean-fried-a-teal fern.* \$5

The Joy Village Inn & Restaurant

1079 Route 302, Clefton, 802-786-6742 • Meats: B, L, G, Full bar + kid-friendly, outdoor seats, table service, veggie-friendly, w/f, past • *This relaxed family-style pub has been family run for 30 years. Prices include tax, gratuities, tax, tableware, house-made soups, salads, and chowchow. Sunday brunch.* \$55

Juniper's at the Wildflower Inn

1025 Main St., Enosburg Falls, 802-860-0200 • Dined: Sun., Meats: B, L, Full bar + gluten-free opts., good for groups, kid-friendly, outdoor seats, table service, veggie-friendly, w/f • *Henry - and healthy - comfort food served in a country setting. Try the calamari, au gratin or shepherd's pie. Closed Wednesday in winter. Lunch in summer.* \$55

Lyndon Freighthouse

1000 Broad St., Lyndonville, 802-462-1422 • Meats: B, L, Full bar + wine + gluten-free opts., kid-friendly, outdoor seats, table service, veggie-friendly, w/f • *Local food at this small freight house is the focus. The gress is fed local deer (raised by the owners), organic wine, and local ice cream.* \$55

Mooselook Restaurant

1058 Main St., Concord, 802-2690 • Meats: B, L, Full bar + gluten-free opts., good for groups, kid-friendly, table service, veggie-friendly • *Wanton fill up for a fair price at this homey restaurant, but don't forget to leave room for dessert. The pie, cakes, and eaten are homemade.* \$55

Roaster's Café and Deli

4281 Route 8, Gorham, 324-8614 • Dined: Sun., Meats: B, L, good for groups, kid-friendly, table service, veggie-friendly, w/f • *Great help themselves to coffee at this family-owned and operated B&B. Don't miss the French toast sandwich.* \$55

Upper Valley Grill & General Store

2607 Scott Hwy., Green, 864-3181 • Meats: B, L, G, Kid-friendly, outdoor seats, table service, veggie-friendly, w/f • *Shoppers in the big commercial strip convenience store are in for a treat at this restaurant. Get propane, propane tanks or an egg sandwich. They will fill those voids.* \$55

Wamer's Gallery

2214 Route 302, Willsboro, 428-2712 • Dined: Sat., Sun., Tues., Meats: B, L, good for groups, kid-friendly, table service, veggie-friendly, w/f • *A 50-year-old local legend that's the lifeblood of the Lake Champlain restaurant scene. Follow it with a homemade dessert, statuary, and chowchow. Sunday brunch.* \$55

ASIAN

THAI

Khem's Thai Cuisine

102 Main St., Hardwick, 437-8424 • Dined: Sun., Meats: B, L, Full bar + wine + gluten-free opts., kid-friendly, reserve rec., table service, veggie-friendly, w/f • *The only Thai restaurant in the Adirondacks serves lots of duck dishes and carry out shrimp. Get the satay, the fresh, and the veggie. \$55*

EURO

ALPINE

Velvaille Restaurant and Pub at the Inglenook Lodge

3806 Route 242, Jay, 988-2880 • Meats: B, L, Full bar + gluten-free opts., kid-friendly, seasonal, table service, veggie-friendly, w/f • *The classic inn - great for tasting traditional German and the other American comfort food - change highly. Dinner in winter only.* \$55

FRENCH

CAtrium at the Craftsbury Inn

101 S. Craftsbury Rd., Craftsbury, 802-583-2200 • Meats: B, L, Kid-friendly, beer & wine, gluten-free opts., good for groups, kid-friendly, outdoor seats, veggie rec., table service, veggie-friendly • *The work they do here is a blend of traditional French food. The fine wines, too, are a blend as a complement.* \$55

The French Tart

545 Lawrence Ave., Greenbush, 533-2356 • Meats: B, L, G, Full bar + wine + delivery, gluten-free opts., good for groups, kid-friendly, outdoor seats, veggie-friendly, reserve rec., veggie-friendly • *Great rustic French-style tart and vegetable quiche. Try the "Le Petit Poucet," a petite French onion soup with ribbons, vegetables, rice, and onions.* \$55

MEDITERRANEAN/ GREEK

Lago Trettorie & Catering

65 Main St., Newport, 324-4222 • Dined: Sun., Meats: B, L, Full bar + gluten-free groups, kid-friendly, outdoor seats, reserve rec., table service, veggie-friendly, w/f • *For 40 years, the son of Luisa - Homericus - of the wine is spot-on, ranging in price from \$10 to \$200. \$55*

ITALIAN/PIZZERIAS

Hendrick House of Pizza

331 Main St., Hardwick, 437-3380 • Meats: B, L, Full bar + wine + good for groups, kid-friendly, veggie-friendly • *You'll get kid-friendly service - and the best pizza - at this place. Get your pizza or pizza pie, or both, with a salad or vegetable. \$55*

Lyndonville House of Pizza

63 Main St., Lyndonville, 802-4606 • Meats: B, L, Kid-friendly, wine + delivery, good for groups, kid-friendly, table service, veggie-friendly, w/f • *It's an important customer at this restaurant serving pizza, pasta and Greek specialties. Although the TVs are often turned to sports, diners get serious, too.* \$5

The Parker Pie Co.

101 County Rd., West Glover, 802-533-0340 • Dined: Wed., Meats: B, L, Kid-friendly, beer + wine + gluten-free opts., good for groups, kid-friendly, outdoor seats, veggie-friendly, w/f, all ages, shows, dinner theater, live music, patio open to a "Special English beer garden" and "camping" the outdoor area is open to all music and other performances.

Ramuntche's Brick Oven

126 Russell St., St. Johnsbury, 763-8500 • Meats: B, L, Kid-friendly, beer + wine + delivery, good for groups, kid-friendly, outdoor seats, veggie-friendly, w/f, patio open • *Customer service is priority at this bakery when most of the customers are regulars. The chicken ranch and veggie Buffalo wings are famous. Della-the-chicken Parish and spaghetti with meatballs.* \$5

St. Johnsbury House of Pizza

281 Pentton St., St. Johnsbury, 748-2144 • Meats: B, L, Kid-friendly, beer + wine + good for groups, kid-friendly, table service, veggie-friendly, w/f • *This business family owned since 1975. The owner's family recipes are used for Greek specialties such as spanakopita and baklava.* \$5

MARKETS/CO-OPS

Buffalo Mountain Food Co-op Cafè

39 Main St., Hardwick, 472-4629 • Dined: Sun., Meats: B, L, good for groups, kid-friendly, outdoor seats, veggie-friendly, w/f • *Alongside the veggie and veggie-free dishes made with organic meat, the community is raising over \$100,000 for a winter food pantry.* \$5

Newport Natural Foods & Montgomey's Cafè

104 Main St., Newport, 324-2828 • Meats: B, L, Full bar + wine + gluten-free opts., kid-friendly, outdoor seats, salad bar, veggie-friendly, w/f • *This natural food store has been serving the Northeast Kingdom for 30 years. The cafe features a creole buffet menu and baked goods made in-house.* \$5

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SEVEN DAYS PERSONALS

CARPENTER & MAIN

326 Main Street, Norwich, 648-2922

Garnett College in Hanover, N.H., may be on the "wrong" side of the Connecticut River, but the prestigious school — with its nearly 6,000 students and nearby teaching hospital — has a serious angle to all Vermont's Upper Valley restaurant scene.

Doctors, faculty and visiting patients seeking fine fare find it in Woodstock, Quechee, Hartford — and nearby Norwich. The small riverfront town, with a population significantly smaller than that of the college, boasts a pair of well-known bakeries, a microbrewery and alehouse, and some fine restaurants.

One of the best in town, Carpenter & Main, has another Garnett connection: Restaurant owner, Bruce MacLeod, is an alum.

Decorated in warm colors with lots of wooden decor, the centrally located spot feels cozy and welcoming, its staff aren't afraid to recommend its famous old-fashioned, or to encourage diners to try unusual items such as butterscotch pudding accompanied by a milkshake laced with Tia Maria — an orange-and-vanilla-scented liqueur.



The dinner menu, featuring some items such as lobster tail, veal osso buco and whale工作室, is costly, but these seeking casual fare can find plenty. The reasonably priced bistro menu offers duck confit with warm potato salad, shepherds pie and a popular local burger.

And then there's the \$60 three-course, fixed-price option. On a cool, autumn evening, the meal begins with silky corn soup dotted with crisp salt-pork lardons. Next comes veal piccata, pounded thin, with just the right amount of puckery lemon-caper sauce. Vibrant pink, wild salmon, seared salmon on the outside, is accompanied by ultracheesy mashed potatoes and tender cabbage. The desserts — including the pudding-and-mashed potato combination — are just as good as their savory counterparts.

In culinary terms, dining at Carpenter & Main qualifies as an Ivy League experience.

SUZANNE PODHAIZER

7

NIGHTS

UPPER VALLEY





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UPPER VALLEY

AMERICAN

Ketner's Second Cup Café

19 Main St., Brattleboro, 802-257-0729 • Meals: B, L, D • gluten-free opts., good for groups, kid-friendly, salad bar/steak, casual, veggie-friendly • "We've been cooking up soups, stews and homemade soufflés for so long, we hardly need to open," says the owner. Hit the soup and salad bar and breakfast, just as with the bread pulling or maple power pie breakfast dinner. \$

Polka Dot Diner

2 Main St., White River Junction, 802-362-0100 • Meals: B, L • cash/check only, good for groups, kid-friendly, table service • "You'll be treated like family at this ramshackle diner which serves breakfast all day. Only a specialty dish is served here as well as breakfast and dinner. \$

SNACK BARS/CARTS

Sandy's Drive-In

Route 14, Shaftsbury 053-7362 • Meals: B, L & gluten-free opts., good for groups, kid-friendly, outdoor seats, casual, veggie-friendly • Get a burger for under a dollar, topped any way you like. Pretty much see food on offer as well as choices in 55 flavors. \$

SOUP 'N' SANDWICH

Bliss Village Store & Deli

154 Main St., Brattleboro, 802-257-0729 • Meals: B, L, D • kid-friendly, veggie-friendly • Located steps off the village square for lunch specials, homemade soups and sandwiches. The country bacon and Swiss is a big seller. \$

Sandy's Books & Bakery

109 N. Main St., Brattleboro, 802-257-0255 • Meals: B, L, D • kid-friendly, veggie-friendly • Located steps off the village square for lunch specials, homemade soups and sandwiches. The country bacon and Swiss is a big seller. \$

STEAKHOUSES/SEAFOOD

Tucker's Restaurant

201 Main St., Brattleboro, 802-254-5400 • Meals: L, D • full bar • good for groups, kid-friendly, casual, table service • A rustic dining room with 100-plus seats, the Tucker's is the Friday-night seafood chowder is all the rage and the whole-clams, haddock and fish n

chips are also popular. Tons of salads. See OpenAptl through October. \$

TRADITIONAL

AJ's Restaurant and Lounge

40 Main St., White River Junction, 802-362-0209 • Meals: B, L • salad bar • Regulars come to this homey eatery for the prime ribs. \$

Barnard General Store & Café and Bakery

834 Route 12, Barnard, 802-373-0008 • Meals: B, L • gluten-free opts., kid-friendly, casual seats, veggie-friendly, wi-fi • A 1930s-era cream-colored and whitewashed barn with a general store and a restaurant. The food is served at the bar or in the restaurant. Barnard is a great place to sit and people-watch. \$

Bentley's Restaurant

3 Main St., White River Junction, 802-362-5700 • Meals: B, L, D • full bar • good for groups, kid-friendly, table service, veggie-friendly, dinner, live music, wi-fi • Serving comfort food—think burgers, chicken wings and chili—in a Victorian-inspired dining room for more than 30 years. A lively bar and Sunday brunch. \$

CJ's @ Than Wheeler's Tavern

8 S. Main St., White River Junction, 802-362-0000 • Meals: B, L, D • L.H. Than • good for groups, kid-friendly, table service, veggie-friendly, dinner, live music, wi-fi • The "King Cong" wings are famous—get them and five other flavors. The "Caveman" bacon cheeseburger is also a hit. \$

Combs Family Inn

832 E. Lake St., Ludlow, 802-270-0700 • Meals: B, L, D • good for groups, kid-friendly, casual seats, veggie-friendly, table service, veggie-friendly, dinner, live music, wi-fi • Produce comes straight from the garden and everything is made in-house at this bed-and-breakfast. \$

Dana's by the Gorge

3901 Woodstock Rd., White River Junction, 802-665-0000 • Meals: B, L, D • breakfast, good for groups, kid-friendly, casual seats, veggie-friendly, table service, veggie-friendly • The food is swimming in the creative soup, just 200 yards from Quechee Gorge. Start the day with Vermont-style or fried dough with streusel and cream. \$

Eaton's Sugarhouse Restaurant and Gift Shop
See Route 14, South Royalton

762-0900 • Meals: B, L • good for groups, kid-friendly, table service, veggie-friendly • The portions are huge, the maple syrup is pure, the service is fast and the food is delicious. Hit the sandwich bar or the salad bar and end with maple syrup and other local specialty food products are for sale. \$

Fire Stones Restaurant

6330 Woodstock Rd., Quechee, 802-451-4044 • Meals: B, L, D • full bar • good for groups, kid-friendly, casual seats, veggie-friendly, table service, veggie-friendly, patio • Baked and a house salad come with every entree. Get yours with the renowned "Black & Blue Stone," a Cayenne steak garnished with blue cheese, bacon and scallops. \$

The Hatchery

14 Main St., Ludlow, 802-238-2301 • Meals: B, L • cash/check only, good for groups, kid-friendly, table service, veggie-friendly, dinner, live music, wi-fi • This bustling spot has been serving up羽根 for decades. Try the popular sandwich special with garnish-finish jicama pesto. Grilled Villager sandwich, anyone? \$

Isebells Café

2020 Route 8 East, Thetford, 802-4360 • Dinner, Sun., Mon., Meals: B, L • cash/check only, kid-friendly, table service, veggie-friendly • Located in a former gas station, this beloved past-due-for-a-makeover place has homemade pastries, breakfasts and soups. The meal is baconless, and the service is super friendly. \$

Kedron Valley Inn Restaurant & Tavern

1027 South Rd., South Royalton, 802-447-1172 • Dinner, Sun., Mon., Meals: B, L, D • full bar • good for groups, kid-friendly, casual seats, veggie-friendly, table service, veggie-friendly, dinner, live music, wi-fi • The menu changes with the seasons and features locally sourced products. Savor the firepit in winter or on the porch in the summer months. \$

Mountain Creamery

30 Central St., Woodstock, 802-493-1175 • Meals: B, L • cash/check only, kid-friendly, outdoor seats, veggie-friendly, table service • The owners grow their own vegetables and raise pigs and beef cattle for their popular ham and sausages. See their website for details. The aspargus and ice cream are also available from September. \$

Shepard's Fine Restaurant

507 Woodstock Rd., Quechee, 802-451-0000 • Meals: B, L • full bar • manager's dinner, delivery, gluten-free opts., good for groups, kid-friendly, casual seats, salad bar, table

service, veggie-friendly, live music, wi-fi • This family-owned eatery specializes in comfort food, eggs and casseroles, fried hash at breakfast, sandwiches and burgers at lunch, and fish 'n' chips, chicken pot pie and a breakfast dinner. Balance out the modern fare with a visit to the bar. \$

Spooner's Bar and Grille

2118 Woodstock Valley Way, Woodstock, 451-4044 • Meals: B, L • full bar • good for groups, kid-friendly, casual seats, veggie-friendly, patio • Baked and a house salad come with every entree. Get yours with the renovated "Black & Blue Stone," a Cayenne steak garnished with blue cheese, bacon and scallops. \$

ASIAN

CAMBODIAN

Angkor Wat

15 Pleasant St., Woodstock, 451-8328 • Dinner, Sun., Mon., Meals: B, L, D • gluten-free opts., good for groups, kid-friendly, table service, veggie-friendly • Bistro • Elements only. Cambodian restaurant serves khmer cuisine, which combines influences from Thailand and influences in an open kitchen. The chef-owner prepares fresh ingredients to diners specifications. \$

CHINESE

Chen's House

164 Main St., Brattleboro, 802-254-1144 • Meals: L, D • Full bar • good for groups, kid-friendly, table service, veggie-friendly • Bistro • Elements only. This fast and friendly family-run restaurant serves 40-plus Szechuan-style. Try the General Gaucho chicken or Hunanese Bangs. \$

China Moon

385 Spring Ave., White River Junction, 802-362-0000 • Meals: L, D • live music • All you can eat, good for groups, kid-friendly, salad bar • Hot and sour soup. See also Tasty Noodle house—dumplings and chow fun are done right. See also Tasty Noodle house—dumplings and chow fun done right. See also Tasty Noodle house—dumplings and chow fun done right. \$

BAKERIES

Allechante

209 Main St., Norwich, 802-364-1400 • Dinner, Sun., Meals: B, L • gluten-free opts., kid-friendly, veggie-friendly • This bakery/bistro serves up prepared-to-order all-day breakfast goods. Artisan breads include baguettes and croissants, as well as lemon tarts and bread pudding. \$

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SEVEN DAYS

SPORTS AND FITNESS

FRIDAY, JULY 17, 2009

One of Two Progressives Elected from Burlington City Council

July 17, 2009

Progressive City Council members elected in Burlington are the first to be elected in the city in 10 years. The election results are available online.

Vermont in Military's Choices for F-35

July 17, 2009

It's not clear which state will be chosen to host the F-35 fighter, but what's clear is that Vermont is a strong candidate.

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Police Arrest Non-Working Miners in Old North End

July 17, 2009

Police are asking miners to leave if they already have a valid mining license or if they are not licensed.

2010 Vermont Election Guide

July 17, 2009

Get the latest information on the 2010 Vermont election.

TABLE 24

24 Wales Street, Rutland, 775-2424

OFF the fast-food strip in downtown Rutland, the incongruous Table 24 is a multi-cultural oasis. With its wide-plank floors, beamed ceilings and sunset-red walls, the welcoming eatery looks like a mishmash of Provençal bistro, Mexican cantina and Texas roadhouse.

The fare is similarly inspired: global comfort food. Table 24's signature appetizer, for instance, is jerk chicken Fondue — chunks of white chicken marinated in papaya-mustard glaze in scallion-pepperoni paste, then grilled and plated on a plate alongside sautéed cremini, apple slivers and a cup of velvety melted Gouda.

"In order to succeed, you need to be of things to all people," says chef-owner Stephen Sawyer, who walked all over the American West before coming home to Rutland three years ago to open his own place. First thing he did was build a wood-fired grill. "It allows us to do a lot of fun stuff," Sawyer says.



PHOTO BY LEE SOLON

Even the American classics are delivered with more, well, spice. "Joyce's Meatloaf," for instance, is made of ground venison, wild mushrooms and a balsamic glaze. The meat in cheese is smothered in no less than five cheeses, including Cabot cheddar.

You're guaranteed not to leave hungry after a hunk of pork tenderloin is covered in blueberry barbecue sauce or a moist, rotisserie-style chicken on a pile of garlic mashed potatoes.

Baby back ribs, grilled rib-eye and pan-seared fish are among the other entree options.

Sawyer initially envisioned a wine bar but wasn't sure if it would fly in Rutland. He settled for an extensive wine list — with 16 available by the glass — and 15 beers on tap. Killington skiers seem to get it. They're packed in on winter weekends, sipping and sampling appetizers such as duck mettis fritters and sautéed shiitake.

American food isn't what it used to be.

COIN HIRSCH

RUTLAND AREA



7
NIGHTS

Vermont Soup and Sandwiches of Brandon

10 Central Sq., Brandon, 05701 •
Meals: \$, \$ • Delivery and friendly
customer service, veggie-friendly •
The local sandwich company comes
up with some interesting combos.
Try the popular "The List," with turkey
stuffing and cranberry sauce. \$

STEAKHOUSES/ SEAFOOD

Peynter's Restaurant and the Centre Stage Lounge at Holiday Inn

476 Route 7, Rutland, 05701 •
Meals: \$, \$, \$ • Full bar • banquet
rooms, gluten-free options, kid-friendly
table service, veggie-friendly, w/f •
Info: You can get prime rib, broasted
salmon, burgers and sandwiches at
this steakhouse. Lunch served Tuesday
through Friday and Thursday. \$

The Saltwater Cowboy

220 N. Main St., Rutland, 05701 •
Closed: Sun., Mon., March 1, O •
gluten-free options, good for groups,
kid-friendly outdoor seats, table
service • The decor is reminiscent of
Maine or the Cape, and fresh seafood
is cooked up from scratch everyday.

Affordable fares include fish & chips
and clam chowder. \$

Sister Saloon

200 S. Main St., Rutland, 05701 •
Meals: \$, \$ • Kid-friendly • gluten-free
options, good for groups, kid-friendly
table service, veggie-friendly •
Info: This steakhouse is made on
motto, "Serving yourself, satisfied
and relaxed." Try the house favorite —
steak frites with a side of sautéed
mushrooms. \$

South Station Restaurant

110 S. Main St., Rutland, 05701 •
Meals: \$, \$, \$ • Full bar • good
for groups, kid-friendly, table
service, veggie-friendly, w/f, w/f •
Info: This is a reasonably priced, chef-owned restaurant,
located in a rustic, turn-of-the-
century stable barn. The desserts are
all made in-house. \$

The Wobbly Barn Steakhouse

500 Route 8, Killington Rd., Killington,
05751 • Meals: \$, \$ • Full bar •
gluten-free options, good for groups,
kid-friendly • kid-friendly, table
service, veggie-friendly • Info: Open
since 1988, the Wobbly Barn is a
steakhouse. See menu. Info: Open
from November to Easter. \$

steakhouse is a Killington institution.
The "wildly famous soup, salad and
baked beans" comes with all entrees
including house-cut, aged steaks and
prime rib. \$

TRADITIONAL

Back to Vermont Pub

158 Main St., Rutland, 05701 •
Meals: \$, \$, \$ • Kid-friendly table
service, veggie-friendly, starts from
meals, parties, pub, etc. • Customers
choose from a selection of 20 beers
on tap, including local microbrews
and craft ales. (Breweries from
New England, upstate NY, and
elsewhere.) \$

Blanche and Bill's Pancake House

500 Route 8, Brattleboro-Dermers,
420-3810 • Meals: \$, \$ • Kid-friendly,
table service, veggie-friendly • Info: From
30 years of operation, this is a
homemade pancake, waffles and
French toast with eggs, potatoes and
bacon. \$

Cetteville Restaurant

216 Route 7, Brandon, 05701 •
Meals: \$, \$, \$ • Kid-friendly •
gluten-free options, good for groups,
kid-friendly • Info: This eatery caters to
couples, families and individuals.
Try the seafood soup or fish & chips.
Info: This eatery only on weekends. \$

Clem & Company

9 Central St., Rutland, 05701 •
Meals: \$, \$ • Kid-friendly groups,
kid-friendly table service, veggie-
friendly, w/f • Info: This
eateries does up quite fine, sandwiches,
homemade soups and salads. \$

Grist Mill Restaurant & Lounge

280 Killington Rd., Killington,
05751 • Meals: \$, \$ • Full bar •
gluten-free options, good for groups,
kid-friendly, outdoor seats, table
service, veggie-friendly, w/f, dance
floor, live music, games, pool, etc.
• Info: This is a menu item, one
feature pub with the other classic
American favorites with local fare. \$

AMERICAN •

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Discover why people all over the Northeast make Table 24 in downtown Rutland a dining destination. Featuring a seasonal artisan menu with inspired versions of your favorite American comfort foods. Chef/Owner Stephen Sawyer prepares selected specialties on a wood-fired grill and rotisserie to create flavors unique to this region.



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RUTLAND AREA

AMERICAN

The Inside Scoop

22 Park St., Brandon 847-6600 • good for groups • kid-friendly • outdoor seats • seasonal table service; vegan-friendly, w-f • This is a fast-food ice cream parlor and soda fountain serves sundaes, shakes, malts, smoothies and floats. Find an antique and/or candy bars. Open on Tuesdays in November. \$

Patricia's Restaurant, a.k.a. Sully's Place

18-20 Central St., Brandon 847-3203 • Meats: L, L-B • full bar • good for groups • kid-friendly • outdoor seats • table service; veggie-friendly, kosher • From scratch to baked breads, this Italian eatery has a varied menu and an outdoor theme. Duck, lasagna, and baked ziti. Sunday, \$.

Parry's Main Street Eatery

251 Main St., Poultney 297-5366 • Meats: L, L-B • full bar • good for groups • kid-friendly • outdoor seats • table service; veggie-friendly, kosher • From scratch to baked breads, this Italian eatery has a varied menu and an outdoor theme. Duck, lasagna, and baked ziti. Sunday, \$.

Rutland Restaurant & Burnham Hollow Pies

68-80 Merchants Row, Rutland 775-3447 • Dishes: L, L-B • full bar • good for groups • kid-friendly • table service; veggie-friendly, kosher • Home-style pie to maintain a comfort-table atmosphere here. Home-style dishes include chicken and biscuits-and-mashed cheese. \$.

Seward Family Restaurant

224 Main St., Rutland, 773-2798 • Meats: L, L-B • full bar • kid-friendly • table service; veggie-friendly • The Seward Family fare has its devotees the region to come to this Rutland institution. Flavors from black raspberry to buttermilk are made on site, year-round. \$.

Sugar and Spice

43 Route 4, Moregate 323-7032 • Meats: L-B • good for groups • kid-friendly • outdoor seats • table service; veggie-friendly • A Mayberry-style eat on the perimeter at this gift shop and restaurant, styled to look like a cabin. Pumpernickel breads keep the carabiners and waffles with ice cream art served as an aftertaste. \$.

South Carolina's

108 Main St., West Rutland 436-5616 • Meats: L, L-B • full bar • all you can eat, gluten-free options; good for groups • kid-friendly • outdoor seats • service is in a Rutlandian (Lambeau) setting that was once a hotel. The Casual Restaurant, Prime rib and Sunday dinners are popular. Breakfast served all weekend. \$.

Tapas Restaurant & Tavern

128 Merchants Row, Rutland, 775-7850 • Dishes: Sun., Mon., Meats: L-B • full bar • kid-friendly • outdoor seats • table service; veggie-friendly, kosher • From scratch to baked breads, this Italian eatery has a varied menu and an outdoor theme. Duck, lasagna, and baked ziti. Sunday, \$.

The Yellow Deli

29 Center St., Rutland 775-9800 • Dishes: Sat., Sun., Meats: L, L-B • gluten-free options; good for groups • kid-friendly • outdoor seats • table service; veggie-friendly, kosher • Set in a rustic wooden building, this health-conscious restaurant is run by the sprightly Twelve Pies company. Deli sandwiches sandwiches on homemade breads. There's also a full-service coffee bar. No dinner Friday. \$

CHINESE

Li's Chinese Restaurant

240 Congress St., Brandon 242-0239 • Meats: L, L-B • Get your lemon to go, or not right here. This eatery part and "Happy Family" delivery, are also popular. \$.

Numbar One Chinese Restaurant

785 Main St., Rutland, 775-6995 • Meats: L, L-B • "The General Tso is a big hit here. Open daily from 11 a.m. to 10 p.m. \$.

Orient Tasta Express

Quartermile Inn, Rutland 773-0624 • Meats: L, L-B • veggie-friendly • The sandwich shop here is a big seller. This meal is a meal. \$.

Rutland Buffet

26 Buff and Shopping Plaza, Rutland, 775-4731 • Meats: L, L-B • all you can eat, table service • All this buffet style-Deliene restaurant, chicken and seafood dishes are popular. \$.

INDIAN

Jai Indian Restaurant

271 West St., Rutland 773-0331 • Meats: Sun., Meats: L, L-B • kid-friendly • veggie-friendly • Circum-Indian meals and their panini kommen among the most popular dishes at this restaurant inside a gas station. \$.

JAPANESE

Tokyo House

101 West St., Rutland 778-8080 • Meats: L, L-B • all you can eat • good for groups • kid-friendly • table service; veggie-friendly • A variety of Japanese delicacies and other East Asian fare — is available. \$.

PAN-ASIAN

New Shanghai and Tokyo Restaurant

271 N. Main St., Rutland 773-0328 • Meats: L, L-B • all you can eat • kid-friendly • table service; veggie-friendly • The owners of this restaurant are from Shanghai, but they also serve sushi. Their pan-fried rice and egg roll combination is popular. \$.

Sushi Yoshi

1027 Killington Rd., Killington 432-4230 • Meats: L, L-B • full bar • delivery • gluten-free options; good for groups • kid-friendly • seasonal, table-service, in-restaurant • The extensive menu is cross-cultural Chinese and Japanese delights, including sushi. This menu is so lush, such as the "Porkfloss Roll" with porkfloss, spicy mayonnaise and rice. \$.

BAKERYIES

Gourmet Provence

30 Congress St., Brandon 242-2022 • Meats: L, L-B • kid-friendly • outdoor seats • veggie-friendly, kosher • There are three locations in this bakery, wine store and gift shop — one each branch of nearby Lake Provence. The breads, soufflés and pastries are homemade daily, as are the sandwiches, soups and salads. Closed on Sunday in winter. \$.

CLUBS & PLACES

BARS

Megoo's

82 Spring Ave., Rutland 773-6638 • full bar • cash/check only • good for groups • outdoor seats; dance floor • games • pool • Local's owned it for 10 years now, but it's still a sports bar, though it's a quiet place, too.

Two Sha's

34 Main St., Rutland 773-6666 • full bar • good for groups • outdoor seats; dance floor, games, pool, ping-pong • Local's owned it for 10 years now, but it's still a sports bar, though it's a quiet place, too.

NIGHTCLUBS

Pickle Barrel Nightclub

2101 Killington Rd., Killington 432-3628 • full bar • good for groups • table service • all ages • dance floor • live music, or covers • With four bars and whitewashed live shows, this club has had Killington rockin' for more than 30 years. Steers and boudin are the menu staples, so summer shows are aromatic. \$.

PIBES

CJ Suds South

114 S. Main St., Rutland 773-3795 • Meats: L, L-B, L-C • full bar • good for groups • outdoor seats • table service; dance floor,arts, games, pool • \$25.00 late-night fee at this local roadside serving rib-eye steaks and all courses out of beer. \$.

The Inn at the Long Trail

700 S. Main St., Killington 775-7787 • Meats: L, L-B • full bar • good for groups • kid-friendly • seasonal, table service; veggie-friendly, w-f, sun • American fare warms up tired and weary in a dining room built around a massive boulder. Closed April to June. \$.

Jax Food & Games

5057 Killington Rd., Killington, 432-5334 • Meats: L, L-B • full bar • good for groups • kid-friendly • outdoor seats; table service; veggie-friendly, w-f, sun • All ages • dance floor • Game room paid to sometimes cover • This eatery bills itself as "local friendly" with some of the lowest food prices in the area. Kid meals, mainly \$.

From our Farm to Chef Doug Mack's Kitchen to your Plate



© Natalie Stultz Photography

Dinner and Sunday Breakfast

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TOURTERELLE

3629 Route 7, New Haven, 453-6309

You should say there's a "French spot" along Route 7 between Middlebury and Ferrisburgh. For years, Christophe Lassimague turned up spectacular French fare in Vergennes. To the south, Roland Soujic used to cook at the 1796 House, a longtime landmark along Vermont's western corridor.

Roland's Place is now Tourterelle — French for "turtledove" — where Bill and Christina Small are carrying on the Gallic gourmet tradition. The American chef and his French wife left Brooklyn in 2009 to open a little place in Vermont. They've since established relationships with local farmers and are cooking up Vermont products using rustic French techniques.

The elegant setting has France written all over it. Photos of Loire Valley cathedrals adorn the walls, and Christina, who runs the front of the house, directs her staff with a honey... accent.



Ready to eat? The vegetarian *carrefouette* is a good place to start — or you can have it as a main course. It's filled with seasonal vegetables and potatoes from local farms, then baked with slices of reblochon cheese. The fromage melts over the vegetables to create a country version of *potage de pomme de terre au gratin*.

In winter, the menu is all about hearty stews, like the bean stew — *cassoulet* — is slowly cooked with hen backs before a vertical mesquite grill of garlicky sausage, duck confit and braised lamb is added to the mix. The smoky-tasting *beaufourouge*, served with crispy polenta on top, melts in the mouth. Year round, Tourterelle's signature dish is its unconventional *beaufourouge*, a fish stew with a base of Thai redcurry and a side of saffron rice.

At dessert Bill merges American treats with French in his chocolate-chip bread pudding. The tender pastry is topped with house-made chunky peanut ice cream and sits in a pool of caramel sauce like an enlightened Smirnoff pie.

Like almost everything on Tourterelle's menu, it's a pleasing blend of Old World and New.

Alice Levitt

MIDDLEBURY AREA

■



7
NIGHTS



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MIDDLEBURY AREA

AMERICAN

CONTEMPORARY

Almost Home

28 Main St., Middlebury 802-323-5724 • Closed Sun. Mon. 8 a.m.-11 p.m. • **gluten-free eggs, kid-friendly, vegan-friendly** • This sunny home-cooked comfort-food haven, which keeps a lively assortment of pastries, offers the ultimate in comfort. The atmosphere is casual, with fine wine and beer. \$

The Main Dining Room at the Basin Harbor Club

4140 Basin Harbor Rd., Vergennes, 475-2224 • **Meals B, L, full bar + gluten-free eggs, good for groups, kid-friendly, reserve rec., no table service, vegan-friendly, tables free, live music, w/b** • Enjoy四季的美餐和娱乐从6月到10月。桌子免费，预订，无服务，无座位，无儿童，无音乐，无WIFI。 \$

Black Sheep Bistro

253 Main St., Vergennes, 877-8987 • **Meals B, L, full bar + gluten-free eggs, good for groups, kid-friendly, reserve rec., no table service, vegan-friendly, tables free, live music, w/b** • The owner, Doug Mich, operates this bistro-the best place to have dinner outside the border! If you're paying \$10 an entree and \$20 for dessert, dining on the patio in summer-time. \$

Blueberry Hill Inn

1007-009 Georgette Region Rd., Goshen, 247-4224 • **Meals B, L, BYOB + gluten-free eggs, reserve rec., no table service, veggie-friendly, w/b** • The theme is peace and quiet, with views of the surrounding country. The four-course, prix-fixe menu changes daily. Reservations required for 7 p.m. seating. Closed in April and November. \$

The Bobcat Café & Brewery

5 Main St., Brattleboro 802-378-4424 • **Meals B, L, full bar + gluten-free eggs, good for groups, kid-friendly, reserve rec., no table service, vegan-friendly** • This community-based coffee shop offers a unique blend of traditional and craft beers on tap. \$

Grapevine Grill

2300 Route 7, Middlebury 802-324-4646 • **Closed Sun., Mon. 8 a.m.-11 p.m. + gluten-free eggs, vegan-friendly** • Pick up a table for two and head to this down-to-earth diner at this upscale place. Wine is a specialty too. \$

Jackson's on the River

111 Library Ln., Middlebury 802-323-2224 • **Meals L, B, full bar + gluten-free eggs, gluten-free options, good for groups, kid-friendly, outdoor seats, reserve rec., no table service, veggie-friendly, w/b** • The restaurant owner says he is the only one in this acoustic restaurant overlooking Essex Creek. He's a vegetarian, with ingredients such as problem peppers and wild mushrooms and corn nubs. Diners come dig a meal in winter. \$

Jessica's at Swift House Inn

325 Stewart Ln., Middlebury, 802-323-5224 • **Closed Mon., Tues., Wed., Fri. + full bar + gluten-free eggs, good for groups, reserve rec., no table service, veggie-friendly, w/b** • The menu at this 190-year-old inn features many from Middlebury's traditional Vermont. \$

Merry's Restaurant at the Inn at Baldwin Creek

1800 Route 100, Brattleboro, 802-254-0224 • **Closed Mon., Tues., Wed., Fri. + full bar + gluten-free eggs, good for groups, kid-friendly, outdoor seats, reserve rec., no table service, vegan-friendly, w/b** • The owner, Doug Mich, operates out of a 200-year-old inn with an extensive kitchen pantry. His garlic, sourdough, biscuits and bacon. \$

Morgan's Tavern at the Middlebury Inn

14 Court Square, Middlebury 802-324-6224 • **Meals B, L, B, full bar + gluten-free eggs, good for groups, kid-friendly, outdoor seats, reserve rec., no table service, veggie-friendly, w/b** • Experience classic New England cuisine paired with fresh ingredients. Come for breakfast, lunch or dinner, afternoon tea. \$

The Red Mill at Basin Harbor Club

4140 Basin Harbor Rd., Vergennes, 475-2224 • **Meals B, L, full bar + gluten-free eggs, good for groups, kid-friendly, reserve rec., no table service, vegan-friendly, w/b** • The Red Mill is a modern dining room for big breakfasts, as well as for lunch plates, chicken parmesan and stir-fry. \$

Starry Night Café

5237 Route 7, Ferrisburgh 802-864-2224 • **Closed Mon., Tues., Wed., Fri. + full bar + gluten-free eggs, gluten-free options, good for groups, kid-friendly, outdoor seats, reserve rec., no table service, veggie-friendly, w/b** • The French-style decor is distinctive as is the dining at this inn. The chef uses local ingredients to craft creative interpretations of international dishes. \$

Storms Café

3 Main St., Middlebury 802-323-2224 • **Meals B, L, B, full bar + gluten-free eggs, good for groups, kid-friendly, outdoor seats, reserve rec., no table service, veggie-friendly, w/b** • Enjoy a cozy atmosphere with unique coffee in a 19th-century mill building. The owner, Heather, the deck. \$

Weyburn Inn

451 Main St., East Middlebury, 802-364-0500 • **Meals B, L, B, full bar + gluten-free eggs, good for groups, kid-friendly, outdoor seats, reserve rec., no table service, veggie-friendly, w/b** • The Dine-in setting for "The Bob Marley Show" this charming New England inn has a pub and a traditional dining room. Try the steaks or ribs at lunch. \$

DINERS

Kinfolks Kountry Restaurant

860 Remond St., Brattleboro 802-4472 • **Closed Mon., Tues. 8 a.m.-4:30 p.m. + check-in for groups, kid-friendly, outdoor seats, no table service, veggie-friendly, w/b** • Home-made food in a rustic setting. Family-friendly establishment with a country atmosphere. The biggest meal gravy on toast with our every Saturday Sunday omelet eggs Benedict. \$

Rosie's Restaurant

866 Route 7, Middlebury 802-3252 • **Meals B, L, B, full bar + gluten-free eggs, good for groups, kid-friendly, outdoor seats, no table service, veggie-friendly, w/b** • This popular restaurant has stood the test of time with historic diners and an annual jalapeno kids can picnic at a special ramen booth, often movies and frocks. Lunch served Friday through Sunday. \$

Steve's Peck Diner

66 Marlboro Ave., Middlebury 802-324-5227 • **Meals B, L, B, good for groups, kid-friendly, table service** • You can get breakfast all day at this down-home diner where everybody knows each other. \$

VERMONT FRESH
NETWORK

VERMONT RESTAURANT
WEEK 2011 LOCATIONS

SNACK BARS/CARTS

Village Creamie Stand

41 Main St., Middlebury 802-323-3424 • **Meals, L, B, cash/check only** • Kid-friendly, outdoor seats, seasonal, veggie-friendly • You get a mountain view from pink chairs at this sunburst-kiosk. And your lesson for its generous portions of ice cream \$

Soup 'n' Sandwich

3 Squares Café

221 Main St., Vergennes 802-432-2124 • **Meals, L, B, full bar + gluten-free eggs, good for groups, kid-friendly, outdoor seats, veggie-friendly** • This eatery offers a solid selection of local produce, coffee drinks, salads and "creamy-casual" food. Sunday eggs Benedict special. \$

Middlebury Bagel & Delicatessen

1 Washington St., Middlebury 802-323-6500 • **Meals B, L, B, full bar + kid-friendly, outdoor seats, tables free** • Kid-friendly • At this 30-year-old restaurant, everything is made from scratch, including doughnuts and whole-wheat pancakes. Try a bagel + \$4.99 "sauusage" combination sandwich. "I'm Bagelicious" \$

Noonie's Deli

121 Maple St., Middlebury, Middlebury 802-328-0014 • **Meals B, L, B, kid-friendly, good for groups, kid-friendly, outdoor seats, no table service** • Kid-friendly • The Ashton Eagle sandwich is up there for the best, and biggest sandwich in town! The homemade bread is a big hit. \$

STEAKHOUSES/SEAFOOD

Fire & Ice Restaurant

26 Bayview St., Middlebury 802-796-4444 • **Meals B, L, B, full bar + good for groups, kid-friendly, outdoor table service, veggie-friendly, tables to 12, w/b** • This popular restaurant has stood the test of time with historic diners and an annual jalapeno kids can picnic at a special ramen booth, often movies and frocks. Lunch served Friday through Sunday. \$



Located in the middle of the hustle and bustle of Brandon, Vermont, Café Provence offers gourmet cuisine with a casual touch, perfect for a quick lunch or a lingering dining experience.

Café Provence uses locally grown, seasonally available produce, meat and cheeses and is a member of the Vermont Fresh Network. Chef Robert Barni offers daily specials, a friendly kids menu, a full service bar, on and off premise catering for all your special occasions, and weekly cooking and baking classes.

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MIDDLEBURY AREA

- Bistro

ITALIAN/PIZZERIAS

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131 Maple St., Middlebury
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vegan, gluten-free options, good for
groups, kid-friendly, outdoor seats,
table service, vegan-friendly, live
music • Fresh on wood-fired
firebaked made in-house and
organic ingredients \$8

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21 Maple St., Middlebury 388-3385
• Closed Sun., Mon., 11am-8pm • D.,
gluten-free options, good for groups,
kid-friendly, outdoor seats, vegan-
friendly • Choose from more than 80
varieties of wine, fresh flat-breaded
candy and Italian imports such as
cured meats and desserts. All items,
pick up a sandwich. Show brings
cheese-making experts and pennelette \$

Cubber's

8 Main St., Bristol 463-2400 •
Mond. L, 11am-8pm • delivery,
kid-friendly, outdoor seats, vegan-
friendly • Come in for pizza or pizza at
this community-oriented restaurant
with outside summer seating. \$

Green Peppers Restaurant

16 Washington St., Middlebury
802-330-6644 • Meals L, D, dinner &
wine • kid-friendly table service,
vegan-friendly • This 20-year-old
neighborhood custom-made
salads, grinders and pizza from
scratch, in addition to fresh-baked
desserts. \$

Luigi's

147 Main St., Vergennes 827-8273
• Meals L, D • delivery, good for
groups, kid-friendly, outdoor seats,
vegan-friendly • Specialty pizzas and entrees get a lot
of love at this family-oriented eatery that has
been around since the year 2000.
30 years. \$

Pazzo's Pizzeria & Fun Center

52 Merchants Row, Middlebury
306-6776 • Closed Sun., 11am-8pm •
delivery, gluten-free options, good for
groups, kid-friendly table service,
vegan-friendly, live music, games,
etc. • The newest at this old friendly
joint is decorated with a cartoon of
penguins. They specialize in the "Double
Decker" one pizza atop another. \$

Ramunto's Sicilian Pizza Middlebury

141 Main St., Middlebury 388-
7015 • Meals L, D • delivery, good
for groups, kid-friendly, vegan-
friendly • A slice with a range of
Sicilian and New York-style pizzas
delivers this and more. Choose from
40 specialty pizzas — much as the "Pin
infinito" (topped with 14-mozzarella
cheese) and unsmoked arugula \$

Rockydale Pizza

372 Rocky Dale Rd., Bristol
453-8445 • Closed Mon., 11am-8pm •
delivery, good for groups,
kid-friendly, outdoor seats, 1400+
menu, veggie-friendly • At least
pizza, veggie pizza, veggie lasagna, say
the owners. "But not here." Try "The
Works" (bacon and blackberry) or
the "Keto" (cheese and jalapeños) \$

MARKETS/COOPS

Middlebury Market and Samas Cafe

54 College St., Middlebury 266-
8428 • Meals L, D • 11am-8pm •
gluten-free options, good for groups,
kid-friendly, outdoor seats, vegan-
friendly, etc. • Due to audience cellular
sites & phone issues, as well as fresh

salads, sandwiches, wood-fired pizza
and self-serve ice cream. Try the
the cozy fireplace in winter and the
patio in summer. \$

Middlebury Natural Foods Co-op Cafe

1 Washington St., Middlebury 266-
7070 • Meals L, D • 8am-9pm •
vegan, good for groups, kid-friendly,
outdoor seats, salad bar, vegan-
friendly • Savoring in local and
organic sandwiches, soups, hearty
entrees and salad bar items. Fair
Trade coffee bar and baked goods.
Lunch \$

Mountain Greens Market

25 Mountain View St., Brattleboro 802-
86338 • Meals L, D • 8am-9pm •
vegan, kid-friendly, outdoor seats,
vegan-friendly • Look for a healthy
selection of sandwiches, free meal
meal choices and salad bar, vegan and
vegetarian options in this healthy-
food zone. \$

Enjoy the view! Inside and Out

At Jackson's, we offer Comfort Food from the Four Corners of the Globe

- Our dishes are prepared in-house and from scratch for a team of chefs who are passionate about producing great food.
- Local owners, Executive Chef Craig Goldstein and Manager Chris English are always on site. Stop by the kitchen and say hi!
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- Vegan and Gluten-Free options are always available on our menu.
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48 Carroll Road, Winooski, 496-6994

Dinner and a movie? You can get 'em both — under one roof — at Winooski's Big Picture Theater and Café. Five years ago, owner Claudia Becker purchased the ailing cinema at the northern edge of the Mad River village and transformed it into a local-food mecca and community center. Chef Amanda Joellman, a New England Culinary Institute grad, runs the kitchen. She draws from a broad range of culinary traditions — think salad nicoise, coconut curry soup, fish tacos and spanakopita — but composes her dishes using ingredients from close to home: local cheeses, meats and eggs, Vermont maple syrup and preserves; and produce from the café's own Small Step Farm.



In the morning, lots of folks stop by to pick up coffee — and maybe a signature maple-glazed doughnut — on the way to work. The lucky ones linger for an omelette, fajitas or huevos rancheros. Come lunchtime, a lively crowd mashes up creative salads and sandwiches such as a croque monsieur or curried chicken. The drink comes with art, too: Try a house-made mango muleshake or pomegranate soda.

When night falls and the moviegoers lights up, the small wooden bar serves up a full selection of spirits, local beers on tap and wines by the glass. Then a spinach salad dotted with Bleu cheese, hazelnuts and cranberries might lead to a strip steak smothered in a cumin-flecked chimichurri sauce.

A glass case stacked with pastries and cakes beckons diners still hungry for maple-glazed-doughnut bread pudding or a pint of, sticky mound of dairy chunks topped with whipped cream.

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108 Main Street, Montpelier, 223-8277

Three Penny Taproom has a get-a-good, global thing going in downtown Montpelier. The 24-tap bar offers a selection of brews from around the world — none of which is Budweiser. And the in-house entertainment is football — the sport Americans call soccer. Patrons who get out of line are reprimanded with red cards, and during the World Cup, the doors opened before the first kickoff, regardless of how late staffers turned in the night before.



The menu — offered on a cupboard — changes with the whims of the chef, but it always features tacos on Friday, a collaboration with the owners' Waitsfield restaurant, the Mad Taco. To help people create pleasant pairings, a complementary beer is listed with each menu item.

Such include famed craft brews such as Namaste's Alagnash Continuum and Delirium Tremens from Belgium, plus Vermont originals such as Hill Farmstead's Saison and Trapp Family Hollow Lager. Don't like what's on draft? There are more than 80 bottled beers to choose from, and, for hoppy hatters, wine and cocktail options.

Three Penny is like a European bar in another way, too. It seems as if everybody in the place already knows each other. Happily, it's a sign of the joint's supreme sociability. Guaranteed: you'll leave this informal watering hole with more friends than you came in with.

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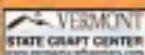
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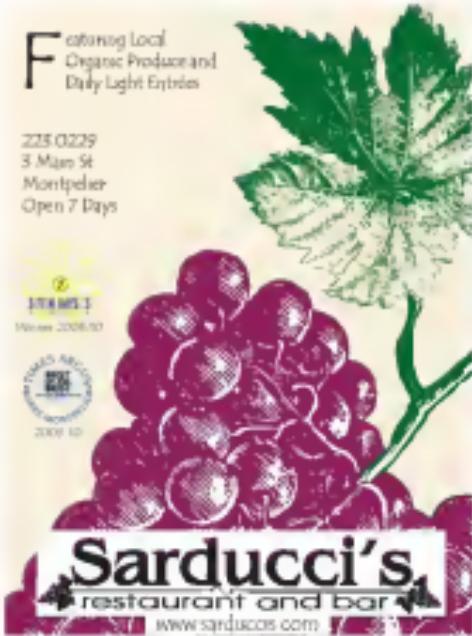
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BARRE-MONTPELIER AREA

CONTRIBUTOR

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150 Main St., Route 14, East Calais, 802-456-9900 • Good for groups; kid-friendly; outdoor seating; veggie-friendly; the house genes • Choose from an array of creative, casual farmhouse settings; the global menu of upscale comfort food changes with the season, and can be customized for special events. \$5-\$8

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12 State St., Montpelier 223-4645 • Closed Mon., Tues., Wed., Thurs. 11 a.m.-10 p.m.; Sat. 11 a.m.-10 p.m.; Sun. 11 a.m.-9 p.m. • Good for groups; kid-friendly; outdoor seating; table service; veggie-friendly; wine & beer • Good for families with a cool science atmosphere, where carefully sourced local and seasonal food is on the menu. Anything can be made vegetarian or gluten-free. \$

Samosaman Café

72 Main St., Montpelier, 209-7707 • Meals: E, L, D • Delivery; gluten-free options; good for groups; kid-friendly; outdoor seating; veggie-friendly; wine & beer • The farmers' market! Dine in or bring it up organic year round. Start the day with an omelet filled with seasonal vegetables and Fair Trade coffee or Lava & Tea berries. The soft shell hummus and a wide variety of salads over premium coconut rice. \$

The Skinny Pancake

18 Main St., Montpelier 222-2253 • Meals: B, Brk., L, D, LN • Indoor & outdoor; gluten-free options; good for groups; kid-friendly; outdoor seating; veggie-friendly; wine & beer • The Skinny Pancake can get you into a sweet or savory swing. Try the "Lavender" which combines lavender blossoms in a crepe-like pancake. Also offering salads, soups, and an espresso bar. The owners are committed to health. \$

EURO

BRITISH/GASTRO PUBS

* Three Penny Taproom

100 Main St., Montpelier 229-8277 • Meals: B, L, D, LN, Fall, Fall • Gluten-free options; veggie-friendly; wine & beer • This downtown Montpelier bar has 20 craft beers on tap. Pair them with housemade fare prepared with local ingredients including Vermont artisan cheeses. \$

ITALIAN/PIZZERIAS

All Perico

23 Berlin St., Montpelier 209-6130 • Closed Sun.; Mon., Tues. 11 a.m.-good for groups; kid-friendly; veggie-friendly; wine & beer • Choose from an array of creative pastas, pizzas and pastries and the comfort food entry. The "Sicilian" piles antichio, ham, olives and a cheese whipped. Full espresso bar. \$

Angelino's Pizza

15 State St., Montpelier 229-5291 • Meals: L, D • Indoor & outdoor; gluten-free options; good for groups; kid-friendly; outdoor seating; veggie-friendly; wine & beer • Conveniently located across the street from the Sweaty Cinema, this casual, laid-back pizzeria is popular among the dinner-and-a-movie crowd. \$

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BARRE-MONTPELIER AREA

ITALIAN/PEPPERS/PIZZAS

Beef's Pizzeria & Restaurant

205 Main St., Barre 479-5224 • Hours: L, D. Inexp. & wine • delivery, good for groups, kid-friendly, table service, veggie-friendly • (Barre Montpelier Times Argus readers voted the pizzeria the best in central Vermont.) **Verdict:** Beef's always up to scratch, including pizzas and bowls. Try the roasted chicken. \$

Depot Square Pizza

44 Depot Sq., Northfield 489-5800 • Closed Sun., Mon., Hours: L, D. Inexp. & wine • good for groups, kid-friendly, veggie-friendly, wi-fi • Why head to L's in a laid-back parsonage? According to owner Andrew Peckley, they took the laid-back out. Settle in front of the log-slice TV for a game and enjoy chicken bacon ranch pizzas, pasta, soups or salads. \$

Hilltop Restaurant

241 Country Rd., Barre 479-2329 • Closed Sun., Mon., Hours: L, D. Full bar • banquet room, good for groups, kid-friendly, outdoor table service, veggie-friendly, wi-fi • The full country-side turn the pasta house is a local landmark. Banquet facilities up to 140 people. \$

Lucie's Italian Restaurant & Bar

276 N. Main St., Barre 479-7722 • Closed Sun., Mon., Hours: L, D. Full bar • banquet room, gluten-free opts., good for groups, kid-friendly, outdoor seating, table service, veggie-friendly • Like the northern Italian specialties at Riccardo's, Toscana! Its owners have headed south with "old school" classics like chicken Parmesan and homemade lasagna. \$

Mister Z's Italian Restaurant

318 N. Main St., Barre 479-3250 • Hours: L, D. Inexp. & wine • good for groups, kid-friendly table service • This is a traditional, affordable Italian-American cuisine featuring family recipes and locally made pasta. The pasta comes in ravioli, such as "Triglie Z" and "Italian Sausage." \$

Montpelier Village Pizza

80 Main St., Montpelier 223-6333 • Hours: L, D. Inexp. & wine • delivery, good for groups, kid-friendly, veggie-friendly wi-fi, outdoor games, pizza • The white pizza works well at this family restaurant, where dishes are made fresh. \$

Northfield Village Pizza

105 Route 10, Northfield 489-4356 • Hours: L, D. Inexp. & wine • gluten-free opts., kid-friendly table service, veggie-friendly, wi-fi • It's the drive-in done away from the motorcycles and classic cars will pop for pizza or frozen shakes and sundaes. \$

Positive Pie

60 Main St., Plainfield 454-0133 • Closed Mon., Tues., Hours: L, D. Inexp. & wine • gluten-free opts., good for groups, kid-friendly outdoor seating, veggie-friendly, well-lit, veggie shakes, sometimes cover • Fresh ingredients and dough and attention to the New York-style pizzas, served with Italian Money tunes and arancini & mellow. \$

Positive Pie 2

112 State St., Montpelier, 879-0484 • Hours: L, D. Full bar • delivery, gluten-free opts., kid-friendly table service, veggie-friendly, wi-fi, indoor dining, live music, tv, sometimes cover •

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Week 2011 Locations

LACE

159 Main St., Barre 479-4276 • Closed Sun., Mon., Tues. L. Inexp. & wine • all veg. no meat, no eggs, no dairy, gluten-free opts., good for groups, kid-friendly, outdoor seating, veggie-friendly, wi-fi, live music • Everything's fresh, local and seasonal at this go-to Vermont-focused cafe and grocery store. Eat-in or go, or take out (such as a sandwich, salad or homemade bowl of soup). \$

The Uncensored Market

1 School St., Montpelier 223-7051 • Hours: L, D. Inexp. & wine • veggie-friendly • This grocery store offers fresh seafood, house-cut steaks, artisanal oils, natural products that connects us with Ben's Beets. Hand-crafted, 20+ beers, including craft, Belgian and lambic beers. \$

SOUTH OF THE BORDER

MEXICAN/LATIN

Julie's Centine Mexican Cuisine & Margarita Bar

54 State St., Montpelier 223-6348 • Hours: L, D. Inexp. • Full bar • kid-friendly, table service, veggie-friendly, wi-fi, games • Located right in the heart of Montpelier, this family-friendly Mexican restaurant for the authentic cuisine and live entertainment, boasts most of the original margaritas. \$

MARKETS/CO-OPs

Hunger Mountain Coop

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Montgomery 0325-0600 • Hours: L, D. Inexp. • gluten-free opts., kid-friendly, outdoor seating, salad bar, veggie-friendly • Eat outside, or grab them to go through a 25-foot-long window. Check out the veggie-friendly locally inspired prepared foods, not bar and salad bar. \$

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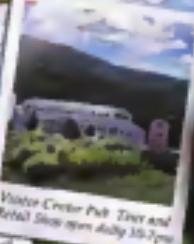
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OUR HOUSE

36 Main Street, Winooski, 400-1000

Men with Burt Reynolds mustaches. Ladies with blue eye shadow and bouffant hair. Grandparents who have long since left this mortal coil. These portraits from the past adorn the walls of our house.

While the decor exudes a family feeling, it only hints at the satisfaction of the food served in the cozy Winebold restaurant. Its married owners, Maggie Birch and Matt Pearson I, who also run Spice of Life Catering in Hometown, describe their fare as "Twisted comfort food."

Diners should not expect to be too jarred by the promised twists. Take Our House's variation on classic mac 'n' cheese, served in a black cast-iron pan and made with cork螺丝形 mozzarella pasta coated in a thick, cheesy sauce. A pile of the fried green onions adds a crispy coating. From there, diners can choose their own touches: Lobster is the decadent option, but you can put anything from housemade sausage to jalapeños to sweet pulled pork in the pile of pasta.



The "hondo" needs no dressing up. Each guest who eats the entree is treated to a tiny, whole rotisserie chicken slathered in barbecue sauce, teriyaki glaze or herbs. The bird, with gravy and field greens, is almost undetectable by the side of bacon-cheddar bread pudding.

Speaking of breakfast ingredients, Sunday brunch at *Our House* is worth a few notations in Miessnik's menubook. Cider doughnuts are served in a paper bag around the apple season. Eggy Dutch pancakes come in the pan, topped with a waffle and fresh berries or chocolate. Just like home! If only.

CHITTENDEN COUNTY

7



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& Verrano goat cheese wellington with red bell pepper

Photo by Brad Kenney

CHITTENDEN COUNTY

AMERICAN

CONTEMPORARY

The Bearded Frog

 1507 Sherburne Rd., Shelburne, 802-987-7100 • **Meat, L.D. fish & sea • gluten-free opts., good for groups, kid-friendly, outdoor seats, resrvs, res., table service, veggie-friendly** • Chef Andrew Dauplaise offers eclectic American fare of this upscale bistro in winter, winter warm up by the fire, wood-fired pizza in the elegantly appointed dining room. Pub seating available in summer. **\$55**

The Belted Cow Bistro

 4 Park St., Essex Junction, 802-863-2300 • **Closed Sun., Mon., Tues. 11am-9pm • breakfast, dinner, gluten-free opts., good for groups, kid-friendly, outdoor seats, resrvs, res., table service, veggie-friendly** • Passionate attention to detail defines the food at this locally focused upscale eatery. Chef-owner John Dauplaise is a bavarian wok champion, so look for smoked sausages. **\$55**

Bevo

 70 Reservoir Hwy., Colchester, 802-865-1861 • **Closed Sun., Mon., Tues. L.D. full bar • breakfast, dinner, gluten-free opts., good for groups, kid-friendly, outdoor seats, veggie-friendly** • The diverse pub fare here includes Mediterranean twists with healthy, light fare: sandwiches, and pizzas, or upscale cocktails. **\$5**

Bridge Street Café

 30 Bridge St., Williston, 802-223-2323 • **Meat, L.D. L.B. fish & sea • breakfast, dinner, good for groups, kid-friendly, outdoor seats, table service, veggie-friendly** • This family-owned eatery welcomes all with warm service. Check out the Friday cheeseboard, pizzas, wraps and soups. Sunday brunch. **\$**

Butler's Farm at the Essex

 70 Essex Rd., Essex, 802-864-1040 • **Meat, L.D. fish & sea • breakfast, dinner, resrvs, table service, veggie-friendly** • We're "The Original" but not afraid to change things up as sustainable ingredients come from local farms, including the Essex Culinary Resort & Spa's own garden. Closed Sunday and Monday in winter. **\$55**

Caroline's Fine Dining

 36 Route 16, Jericho, 802-223-2223 • **Closed Tues., Meat, L.D. fish & sea • gluten-free opts., good for groups, resrvs, res., table service, veggie-friendly** • The 1930s farmhouse setting transports guests to a sense of bygone elegance. Soft lighting and small, intimate rooms set the scene for chef Joseph Gervais' culinary creations. **\$55**

Clover House Restaurant

 42 Church St., Colchester, 802-261-2611 • **Meat, L.B. fish & sea • breakfast, dinner, gluten-free opts., good for groups, kid-friendly, table service, veggie-friendly** • With a fine dining comes to this pub via a New England culinary tradition when seafood risotto is a fix on the extremely flavorful New American menu. **\$55**

G's Restaurant

 801 Williston Rd., Shelburne Hotel, South Burlington, 802-863-0000 • **Meat, L.B. fish & sea • breakfast, dinner, gluten-free opts., good for groups, kid-friendly, table service, veggie-friendly** • The Inn at Shelburne Hotel's menu for the Sunday brunch buffet, featuring American and waffle stations, cream mimosas and a large selection of desserts. **\$55**

The Inn at Shelburne Farms

 801 Williston Rd., Shelburne, 802-864-9616 • **Meat, L.B. fish & sea • breakfast, dinner, gluten-free opts., good for groups, kid-friendly, outdoor seats, resrvs, res., table service, veggie-friendly** • The majority of meats and veggies come from the surrounding farm at this top-rated restaurant inn. Even the creative cocktails use local ingredients. Dine from May 8-June 10. October 12. **\$55**

The Kitchen Table Bistro

 1880 W Main St., Colchester, 802-233-1880 • **Closed Sun., Mon., Tues. 11am-8pm • breakfast, dinner, veggie-friendly** • Good for groups, kid-friendly, resrvs, res., table service, veggie-friendly, w/ a Chef owners Sam and Lisa Alton's home-style cuisine and 120 favorite wines in a historic, 1795 brick home. The seasonal menu changes frequently. Try the decadent, made-from-scratch desserts, including Newmarket ice cream. **\$55**

Monty's Old Brick Tavern

 1901 Williston Rd., Williston, 802-223-4264 • **Closed Mon., Tues. 11am-8pm • breakfast, dinner, gluten-free opts., good for groups, kid-friendly, outdoor seats, table service, veggie-friendly** • This rustic tavern boasts everything from

2009 AVERAGE
4,200 visitors
\$ 1,000 to \$100
\$ 600 to \$1,000
\$ 1,000 to \$2,000
\$ 2,000 to \$5,000

MEALS
L. Breakfast
L. Brunch
L. Dinner
L. Late-night

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Week 2011 Location

gray live music in the dining room or in the pub at 8pm every night, historic, located in a historic building, Sunday brunch. **\$**

The Old House (see #8)

 36 Main St., Williston, 802-224-1864 • **Meat, L.B. fish & sea • breakfast, dinner, gluten-free opts., outdoor seats, table service, veggie-friendly** • "Heated comfort food" comes to the former home of Shakers. There are "fixies," "fratios," and mac & cheese with add-ons including bacon and patty melt. Add the meat with a deep-fried PB&J or something from the funy coral menu. **\$55**

Pauline's Café

 1834 Sherburne Rd., South Burlington, 802-861-1011 • **Meat, L.B. fish & sea • breakfast, dinner, gluten-free opts., good for groups, kid-friendly, outdoor seats, resrvs, res., table service, veggie-friendly** • A South Burlington landmark, this cafeteria-style eatery offers customization with Maine-made items, like soups, sandwiches, and local produce in season. **\$55**

Sonoma Station

 99 Main St., Rockingham, 802-549-4549 • **Closed Tues., Meats, L.B. fish & sea • breakfast, dinner, gluten-free opts., good for groups, kid-friendly, outdoor seats, resrvs, res., table service, veggie-friendly** • A favorite of locals, one-owner Mom-of-Lovey cooks New American cuisine at this unique eatery at Rockingham's historic Blue Bell Party building. Try the crabmeat-stuffed macaroni with a plantain empanada. **\$55**

The Tavern at the Essex

 1880 W Main St., Essex, 704-5423 • **Meat, L.B. fish & sea • breakfast, dinner, veggie-friendly** • Good for groups, kid-friendly, table service, veggie-friendly, w/ live music. **\$** • The menu contains American-contemporary-with-European flair. Also offering local microbrews and unique specialty cocktails. **\$55**

Vermont National Country Club

 1207 Berlin St., South Burlington, 802-864-0800 • **Closed Mon., Tues. 11am-9pm • breakfast, dinner, veggie-friendly** • Good for groups, kid-friendly, outdoor seats, resrvs, res., several table service, veggie-friendly, w/ live music. **\$** • You don't need to play golf to enjoy lunch in the elegant dining room or on the deck. Do water starts with covers. **\$55**

La Villa Bistro & Pizzeria

 1820 Sherburne Rd., Shelburne, 802-225-2556 • **Meat, L.B. fish & sea • breakfast, dinner, gluten-free opts., good for groups, kid-friendly, table service, veggie-friendly** • This workingman's eatery serves breakfast all day long. Try the fresh木stock, baked-to-perfection weekend specials. There's also a children's menu. **\$55**

made-to-order pasta dishes to fine-dine paying and day-trip local tourists. **No lunch Sunday. \$55**

The Village Cup

 30 Route 16, Jericho, 802-223-1830 • **Meat, L.B. fish & sea • breakfast, dinner, veggie-friendly** • "Heated comfort food" comes to the former home of Shakers. There are "fixies," "fratios," and mac & cheese with add-ons including bacon and patty melt. Add the meat with a deep-fried PB&J or something from the funy coral menu. **\$55**

DINERS

AJ's Kitchen

 101 Berlin St., Essex Junction, 802-863-2300 • **Meat, L.B. fish & sea • breakfast, dinner, veggie-friendly** • Kid-friendly, outdoor seats, table service, veggie-friendly w/ live music. **This rustic eatery on an orchard is a favorite for breakfast, lunch and weekend brunches. It's renovated to showcase old-timey, look for an extensive selection of breakfast items, complemented by carefully selected wines and craft beer. \$**

Apolio Diner

 13 Southberry Dr., Milton, 802-333-3333 • **Meat, L.B. fish & sea • breakfast, dinner, veggie-friendly** • Good for groups, kid-friendly, outdoor seats, table service, veggie-friendly w/ live music. **This family diner has classic but not ordinary breakfast sandwiches, but also made-from-scratch Greek and Italian specialties. \$**

Arcadia Diner

 1696 Williston Rd., South Burlington, 802-863-0810 • **Meat, L.B. fish & sea • breakfast, dinner, veggie-friendly** • Good for groups, kid-friendly, outdoor seats, table service, veggie-friendly w/ live music. **This vintage diner has a shiny steel retro interior and a menu that fuses American and Greek cuisine. That's spanakopita, gyros and chickpea beef on toast. Breakfast served till day. \$**

Libby's Diner

 46 Highfield St., Colchester, 802-934-7700 • **Meat, L.B. fish & sea • breakfast, dinner, veggie-friendly** • Good for groups, kid-friendly, outdoor seats, table service, veggie-friendly. **This family diner has a vintage theme and lots of funign breakfast items. It's a great source of New England comfort food. \$**

The Milton Diner

 51 Main St., Milton, 802-543-4443 • **Meat, L.B. fish & sea • breakfast, dinner, veggie-friendly** • Good for groups, kid-friendly, outdoor seats, table service, veggie-friendly. **This workingman's eatery serves breakfast all day long. Try the fresh木stock, baked-to-perfection weekend specials. There's also a children's menu. \$**

bakery - cafe - live music



802.434.7787 or ontherisebakery.net

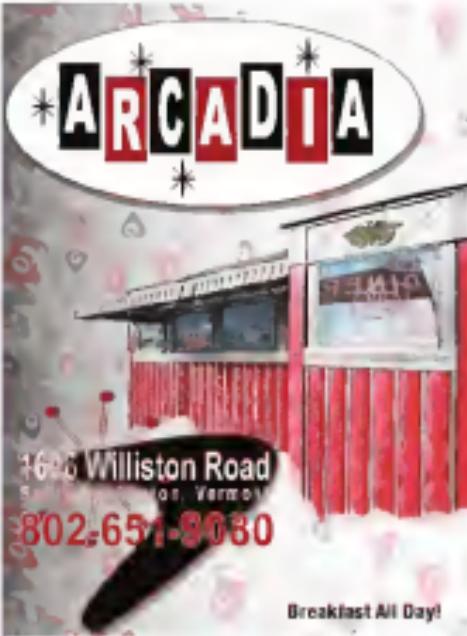


On the Rise features local food, art, and music right on the park in the village of Richmond, VT. Enjoy our in-house baked goods & music from the wood fired oven. Most of our offerings are organic, using locally grown ingredients often from our own gardens.

Enjoy the music Wednesday - Saturdays.

Service Breakfast, Lunch and Dinner
Mon. to 6-6 We-Sa 6-10pm Sa 6-2 (Brunch)

On the Rise
36-38 Main Street, Richmond, VT
802.434.7787



36-38 Williston Road

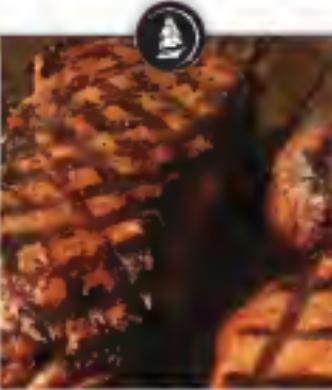
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CHITTENDEN COUNTY

AMERICAN

Sneakers Bistro

129 Main St., Williston
802-655-8881 • Hours: B, Br, L, D
beer & wine • gluten-free options,
kid-friendly, coffee service
vegan-friendly • While the Lanes have
requested that this am-dine eatery for
more than 28 years, they do daily
specials. \$

SNACK BARS/CARTS

Joe's Snack Bar

45 Route 15, Jericho 889-3934 •
Hours: L, D • cash/check only
friendly • Open since 1930,
this locally owned fast food joint is
popular among local teens and par-
ents. Kid-cut-out, fries and cooked-to-
order burgers, free kids meal and October
Cremes too. \$

SOUP 'N' SANDWICH

Alex's Restaurant — Home of the Vermont Soup Company

1010 Williston Rd., South Burlington
802-656-7171 • Closed: Mon., March, R
beer & wine • gluten-free
options • good for groups, kid-friendly
catering service, coffee service, vegan-
friendly • Come here for classic

comfort food. A collection of soups and original artwork adds to the down-to-earth atmosphere. Sunday brunch. \$

Bagel Market

30 South Williston Dr., Essex Junction
802-656-1161 • Hours: B, L • kid-friendly
vegan-friendly • The home-baked
coffee goes with any of 25 bagel vari-
eties. For lunch, try one of the grilled
sandwiches or wraps. Also muffins,
biscuits, cookies and Danish. \$

Bagels Plus

16 Taft Corners Shopping Ctr., Williston
802-862-3311 • Hours: B, L • good for
groups, kid-friendly, vegan-friendly
• The bagel bread cooks and muff-
ins are made fresh daily. Specialty
bagels include maple wheat and pear
cheese. \$

Beaside Triple M Deli

49 Hinesburg Dr., Colchester
802-656-1100 • Hours: B, L, D • good for
groups, kid-friendly, vegan-friendly
• This deli that also puts its focus on
a full baked menu. Like the
note? Preorder them by the dozen for
pickup or delivery. \$

Belle's Cafe

121 Center Way, Maple Tree Plaza,
Williston 802-296-2100 • Hours: B,
Br, L • delivery, good for groups

2009-2010
B • \$10 and more
Br • \$10 and more
D • \$10 and more
L • \$10 and more
M • \$10 and more

Hours
B • Breakfast
Br • Brunch
D • Dinner
L • Lunch
M • Mid-morning

Vermont Fresh
Network Member
Vermont Restaurant
Week 2011 Location

Firebird Cafe

163 Pearl St., Essex Junction 356-
4965 • Closed: Mon., March, B,L
• delivery, gluten-free menu, good
for groups, kid-friendly, outdoor
seats, veggie-friendly • Owner
John Tamm California training
influences the food on the breakfast-
all-day eatery. Try the salmon eggs
Benelot with poached onions, saute
shrimp or the bacon and
mashed potatoes. \$

The Garden of Eatin' Cafe

472 Marshall Ave., Williston 878-
1667 • Hours: L • good for groups,
kid-friendly, outdoor seats, veggie-
friendly • A sun-filled tropical conserva-
tory doubles as a dining room in winter.
When it's warm out, step directly
outdoors on the outdoor patio.
The menu changes daily. \$

Herrington's of Vermont

5507 Shattooke Rd., Shelburne 865-
2800 • Hours: B, L • veggie-friendly
• Located across the street from the
Shattooke Plaza, it's a airy and
spacious food court that makes their
catering using its own meats and
condiments. \$

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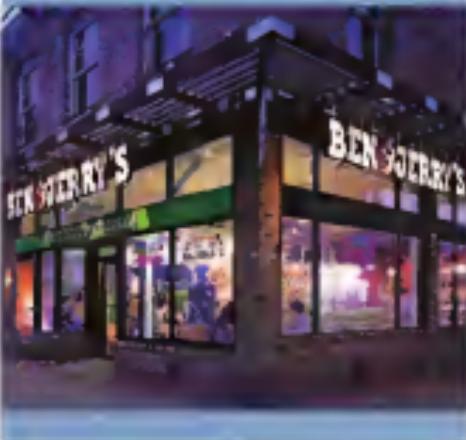
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Fri & Sat: 11:30am-11pm

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CHITTENDEN COUNTY

AMERICAN

Klinger's Bread Company

16 Farrel St., South Burlington
860-632-2424 • Meals: B, L, D • Delivery
Kid-friendly • All the usuals, in bakery
cafe, you can grab a coffee and
a sandwich, or order soups, salads and
sandwiches for lunch. \$

M.T. Bellies Deli

340 Davis St., South Burlington
863-8059 • Meals: B, L, D • Delivery
Kid-friendly, good for groups,
veggie-friendly,掀起 a riot, veggie-
friendly • This deli boasts lots of
perks of comfort food at reasonable
prices. Try a spicy chicken Caesar
wrap or the chicken salad. It's all
homemade. \$

Paisley Hippo Sandwich Shop

29 Commerce St., Winooski, L.
469-2345 • Closed Sun., Meals: L,
D • Kid-friendly, veggie-friendly •
At this funky eatery you can order
up a "Beast" made with roast beef,
pepperoni and sharp cheddar. The
cheesesteaks, invent-oasta fries,
rempis and soups are big, too. \$

PK Café

166 College Piney, Colchester
863-6565 • Closed Sun., Meals: B,
L, D • good for groups, kid-friendly,
veggie-friendly • B+ • Specialty
sandwiches, plus it's homemade soups
and baked goods fill the menu as this
college hangout. Try the "Vermont" for
a turkey sandwich with cheddar and
cranberry mayonnaise or fresh fixins. \$

The Shelburne Kitchen

195 Main St., Shelburne, 865-8103 •
Meals: B, L • gluten-free opts., good
for groups, kid-friendly, outdoor
seats, veggie-friendly • With a
menu that's as good as the food, expect
to sit at the upscale outdoor spot, sipping
mimosas while eating ginger chicken
with bacon, Gorgonzola Brussels
sprouts, farro risotto. \$

Sugarsnap at Technology Park

30 Community Dr., Suite B, South
Burlington, 860-2710 • Closed Sat.,
Sun., Meals: B, L • gluten-free opts.,
kid-friendly, veggie-friendly • Choose
from freshly prepared, seasonal side
salads, sandwiches, homemade soups
and take-home dinners. Speciality
menu. \$

VERMONT FRESH
863-8059 • Meals: B, L, D • Delivery
863-8059 • Meals: B, L, D • good
for groups, kid-friendly, outdoor
seats, veggie-friendly • Outdoor
entrees like the geyser shrimp and
the Vermont pizza, a cup of sand-
wiches, high-energy drinks — even
snowshoe rentals. \$

MEALS
863-8059 • Meals: B, L, D • Delivery
863-8059 • Meals: B, L, D • good
for groups, kid-friendly, outdoor
seats, veggie-friendly • Outdoor
entrees like the geyser shrimp and
the Vermont pizza, a cup of sand-
wiches, high-energy drinks — even
snowshoe rentals. \$

VERMONT FRESH
Network Member
863-8059 • Meals: B, L, D • Delivery
863-8059 • Meals: B, L, D • good
for groups, kid-friendly, outdoor
seats, veggie-friendly • Outdoor
entrees like the geyser shrimp and
the Vermont pizza, a cup of sand-
wiches, high-energy drinks — even
snowshoe rentals. \$

SOUTHWESTERN/ TEX-MEX

Mo's Southwest Grill

1850 Williston Rd., South Burlington,
860-4920 • Meals: L, D • Delivery,
kids' menu • good for groups, kid-friendly,
veggie-friendly, soft to • There's
no late service at this "fast-casual"
Tex-Mex restaurant on Williston
Road. But you can't just "have
it your way" on the premises. Or
take it out. \$

STEAKHOUSES/ SEAFOOD

Ray's Seafood Market

3 Pleasant Dr., Essex Junction, 863-
2618 • Meals: L, D • gluten-free
opts., good for groups, kid-friendly,
veggie-friendly • This local seafood
company turns up with some
friending contests. Try the popular
"I'm Not" (without) stuffing and
camberry sauce. \$

Waf's West Side Deli

185 E. Allen St., Winooski, 863-2262
• Closed Sat., Sun., Meals: L, D • Delivery
& dinner • good for groups, kid-friendly

AMERICAN

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Donald Cobb*





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CHITTENDEN COUNTY

AMERICAN

Sophie's American Bistro

16 Severance Green, Colchester 05446-6000 • Closed Mon. • Meals: Brf., L, D • Full bar • gluten-free opts. • good for groups • kid-friendly • outdoor seats • reservation • table service • veggie-friendly w/ B+ live music • **Brf.** • Dine American dines with a gourmet twist. Brf. menu items at the bright sunny Chaiken Mousaka, Cheesy Fettuccine and Derby soup specials are favorites. \$5

T-Bones Restaurant and Bar

36 Lower Mountain View Dr. • Colchester 05446-6000 • Meals: Brf., L, D • L, D, Brf. • Full bar • all you can eat, barbecue menu, gluten-free groups, kid-friendly table service, veggie-friendly w/ B+ live music, Brf. • Dine American dines with a gourmet twist. Brf. menu items at the bright sunny Chaiken Mousaka, Cheesy Fettuccine and Derby soup specials are favorites. \$5

Trader Duke's

1100 Williston Rd., South • Burlington 05403 • Meals: Brf., L, D • Full bar • all you can eat, barbecue menu, gluten-free groups, kid-friendly table service, veggie-friendly w/ B+ live music, Brf. • Dine American dines with a gourmet twist. Brf. menu items at the bright sunny Chaiken Mousaka, Cheesy Fettuccine and Derby soup specials are favorites. \$5

the homemade island of Brunch
Buffet on Sunday. \$5

Vermont Sports Grill

1925 Williston Rd., South Burlington, 05403-6000 • Meals: Brf., L, D • Full bar • gluten-free opts. • good for groups • kid-friendly table service, veggie-friendly w/ B+ live music • **Brf.** • Dine American dines with a gourmet twist. Brf. menu items at the bright sunny Chaiken Mousaka, Cheesy Fettuccine and Derby soup specials are favorites. \$5

ASIAN

CHINESE

Chef Leu's House

3100 Mainstreet Rd., Williston, 05456 • Meals: L, D • Full bar • good for groups • table service • veggie-friendly • Specializing in Szechuan, Hunan, Mandarin and Cantonese items with no MSG. Dine American dines with a gourmet twist. Brf. menu items at the bright sunny Chaiken Mousaka, Cheesy Fettuccine and Derby soup specials are favorites. \$5

China Garden

8-12 Main St., Essex Junction 05452-6000 • Meals: L, D • Full bar • kid-friendly table service, veggie-friendly w/ B+ live music • **Brf.** • Dine American dines with a gourmet twist. Brf. menu items at the bright sunny Chaiken Mousaka, Cheesy Fettuccine and Derby soup specials are favorites. \$5

Chopstick House II

127 Perkins Point Rd., Colchester 05446-6000 • Meals: L, D • no Brf. • kid-friendly • Serving Szechuan, Hunan, Mandarin and Cantonese items with no MSG. Dine American dines with a gourmet twist. Brf. menu items at the bright sunny Chaiken Mousaka, Cheesy Fettuccine and Derby soup specials are favorites. \$5

Oregon House

20 Commerce St., Hinesburg 05461-6000 • Meals: L, D • you can have lunch early at the Oregon House because it's one of the friendliest diners in the area. It opens at 11 a.m. Eat there or make it takeout. \$5

East Orchid

2033 Brainerd Rd., Williston, 05456 • Meals: L, D • Full bar • all you can eat, barbecue menu, gluten-free groups, table service, veggie-friendly • The chef at this family-style restaurant, Laurent, recommends the "Tresors" — shrimp and chicken stir-fried with vegetables. \$5

Fall House

59 Center Rd., Essex Junction 05452-6000 • Meals: L, D • table service • Diners share menu space with the usual Chinese fusion at this eatery. Brf. takeout. \$5

Grand Buffet

66 Prestic St., Essex Junction, 05452-6000 • Meals: L, D • kid & pet friendly • all you can eat, gluten-free opts., good for groups • kid-friendly • table bar • table service, veggie-friendly, w/ B+ live music • **Brf.** • Dine American dines with a gourmet twist. Brf. menu items at the bright sunny Chaiken Mousaka, Cheesy Fettuccine and Derby soup specials are favorites. \$5

Hong Kong Kitchen

1830 Williston Rd., South Burlington, 05403-6000 • Meals: L, D • kid friendly • The employees here claim to have the best General Tso's Daze. Sunday's dinner menu. \$5

Joyce's Noodle House

5 Carmichael St., Essex 05452-6000 • Meals: L, D • Full bar • table service • This Chinese restaurant prepares authentic cuisine that can be traced back to the Shing Dynasty. Try the mustard greens with broiled tofu. \$5

ASIAN...

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Open seven nights 5:30-8:30 • Seating at 5:30pm

CHITTENDEN COUNTY

+ ASIAN

Lee's Chinese Restaurant

360 Benoit St., South Burlington
851-3228 • Hours: L, D+ delivery
Table service, veggie-friendly • Cell
fragrance cards are accepted at this
small Asian eatery. Try the Hoisin
beef or the shrimp with ginger and
scallions. Sunday is dinner only. \$

Lucky Wok Chinese Restaurant

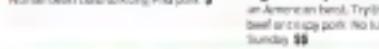
Walters Plaza, 170 South St., Middle
855-3035 • Hours: L, D+ delivery
service • This small restaurant is known
for its speedy service — and all the
Chinese classics. \$

Men at Wok

21 Taft Commons Shopping Ctr., Wm.
Inter., 878-2850 • Hours: L, D+
Delivery service • An up-and-coming list,
you will check out these pour-overs:
Rangoon or chicken teriyaki. \$

North Garden Chinese Restaurant

85 Patchen Rd., South Burlington
862-0476 • Hours: Mon.-Wed.,
L, D • Delivery/ kid-friendly table
service, veggie-friendly • Serving all
the Chinese classics, from veggie-fried
Chinese beef to stir-fried pig's feet. \$



Oriental Wok

21 Causeway Dr., Wm. Inter., 878-0668 •
Hours: L, D+ Delivery for the fragrant
lemon chicken before a night of the
Epicurean. Specials are served with
a side of your choice. \$

Peking Duck House

7900 Colgate Rd., Wm. Inter., 878-7415
• Hours: L, D, All Day • Table service,
veggie-friendly • This two-story
restaurant offers takeout as well as
casual dining and a cocktail lounge.
Be sure to make room for the Peking Duck
Beef — served alongside scallions.
\$

Silver Peacock

1250 Wm. Inter./Rd., South Burlington,
864-0333 • Hours: L, D • Delivery
service, gluten-free options, good for
groups • kid-friendly table service,
veggie-friendly • Chinese food with
an American twist. Try the orange
beef or the veggie pot. No lunch on
Sunday. \$

Yummy Chinese Restaurant

160 Hemming Dr., Colchester, 860-
2620 • Hours: L, D • Table service •
Look for the special rice and Chinese
favorites here. There are several job
share dishes and family dinner deals. \$

Zen Gardens

215 Fayette Dr., South Burlington, 862-
8665 • Hours: L, D • Full bar •
Japanese cuisine, delivery, gluten-free
options, good for groups, kid-friendly,
table service, vegan-friendly •
Authentic Szechuan, Cantonese and
Tunisian cuisine is served. Open sum-
mer Sunday. \$

JAPANESE

Koto Restaurant

100 Shatto Dr., South Burlington,
862-8500 • Hours: L, D • Full
bar • gluten-free options, good for
groups • kid-friendly table service,
veggie-friendly • All the Japanese
classics here, the chefs put on a taste-
tale show if you opt for the teishoku
(a la carte). \$

18 Severance Green, Colchester • 878-6100
sophiesamericanbistro.com

ASIAN RESTAURANTS
A 200+ seat
B 100-200 seat
C 50-100 seat
D 25-50 seat
E 10-25 seat
F 100+ seat
G 50+ seat
H 25+ seat
I 10+ seat
J 10+ seat

Hours
L Breakfast
D Dinner
Br Brunch
Lunch
D Dinner

Specialty
Vegan
Network Member
Vegan Restaurant
Week 2011 Location

SushiDo

16 Taft Commons Shopping Ctr., Wm.
Inter., 878-8050 • Hours: Sun., Mon.,
L, D • Delivery • kid-friendly
vegan-friendly • Sit down for lunch
or dinner, or take out, packaged-bento
carts, sushi and assorted Asian
gumshies. \$

PAN-ASIAN

Asian Bistro

100 Center Way, Williston, 878-8828
• 25 Wm. Inter., 878-8828 • Hours: L, D • Full bar +
gluten-free options, gluten-free,
kid-friendly • table service, vegan-
friendly • Chefs prepare dishes from
China, Thailand, Malaysia and Japan
Spanish such as pad thai or lo mein
all the chef's specialties. No lunch on
weekends. \$

Naru Asian Cuisine

302 Severance Green Dr., Williston,
878-8868 • Hours: L, D • kid-friendly
Table service, veggie-friendly • Try
the Hot Stone SobaBowl — a variety
of vegetables, egg and seasoned beef
over rice, with spicy sriracha on the side.
Molten on Sunday. \$

ASIAN •

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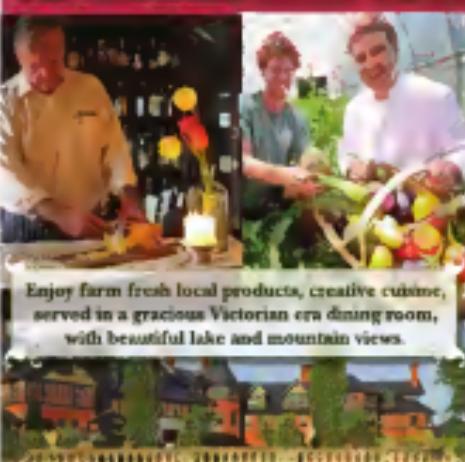


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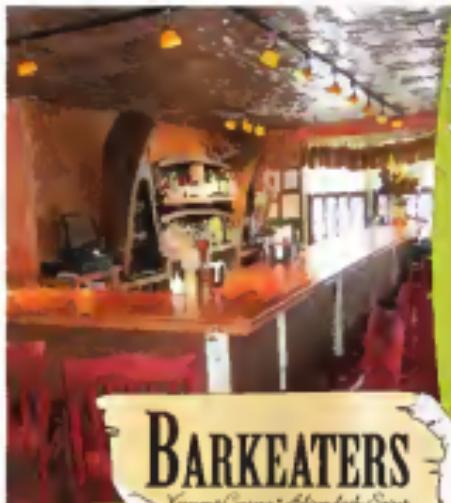
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We offer a full-scale menu as well as nightly specials.



CHITTENDEN COUNTY

ASIAN

THAI

Drunken Noodle House

8 Park St., Essex Junction, 208-8489

• Closed Mon., Tues., 12-2, 6-8 p.m.
• delivery, gluten-free options,
kid-friendly, table service, vegan-friendly
• They focus on the noodles at this Thai eatery right near the Suny Environs. They've got that, plus lemongrass and lots of seafood dishes. Must-try: They've got it. \$

Tiny Thai Restaurant

204 Franklin

25 Essex Way, #790, Essex, 878-2788

• 24 Hr. Mon.-Thurs., 835-4833
• Tues.-Thurs., 11 a.m.-11 p.m.
• delivery, gluten-free options,
vegan-friendly
• Popular choices include pad thai, pad see ew, and lots of seafood. Must-try: They've got it. \$

Vietnamese

M-Saigon Vietnamese Noodle House

310 Williston Rd., South Burlington, 865-8384

• Closed Mon., Tues., 12-2, 6-8 p.m.
• delivery, gluten-free options,
kid-friendly, table service, vegan-friendly

Bunboi • **Stir up pho** — Vietnamese noodle soup — with a rice platter with grilled sandwich chicken. It's one of the many, many types of noodle soups in Bunboi, such as ramen, hominy, coconut and durian. Plus it has a banh mi sandwich-one homemade baguette. \$

Pho Dang Vietnamese Café

25 Main St., Winooski, 855-0660
• Closed Mon., Tues., 12-2, 6-8 p.m.
• delivery, gluten-free options,
vegan-friendly
• Stir up Vietnamese soup and other noodle and rice dishes. The classic pho comes with a plate of flavorful toppings. \$

Pho Pasteur

99 Main St., Winooski, 487-8299
• Closed Mon., Tues., 12-2, 6-8 p.m.
• delivery, gluten-free options,
vegan-friendly
• service, vegan-friendly
• Like spring rolls? This bright, tall, cavernous eatery including ones filled with chicken or meatless. All the flavorful Vietnamese noodle soups are here, along with a shrimp cocktail and quail egg rolls. \$

Vietnam Restaurant

137 Main St., Essex Junction, 877-6222

• Closed Sun., 11 a.m.-9 p.m.
• delivery, gluten-free options,
vegan-friendly

• This cozy eatery is a welcome break from the Route 15 strip mall. It's focus is on rice bowls, soups and dishes. Specialty dishes incorporate avocado, durian, jackfruit, coconut and pineapple. \$

BAKERS

Backdoor Bakery

315 Bridge St., Huntington, 434-3422
• Closed Sun., Mon., Tues., Wed., Thurs., Fri., Sat. 8 a.m.-6 p.m.
• check only, kid-friendly, vegan-friendly
• Green energy policies are the main focus. Classics: pineapple buns, turnovers and all-butter croissants crafted with local and organic ingredients. \$

Bayside Bakery & Coffee Bar

654 W. Lakeside Dr., Grindelwald, 863-3316
• Closed Sun., Mon., Tues. & Wed. 8 a.m.-5 p.m.
• great for groups, kid-friendly
• table service, vegan-friendly
• For 25 years, focus here come to this self-service bakery for eggs Benedict and meat-filled sandwiches. The

bakery case is filled with cookies and cupcakes. Pastries are a seasonal specialty. \$

Cup's

275 Winooski Falls Way, Winooski, 854-7969
• Closed Mon., 12-6 p.m.
• delivery, gluten-free options, great for groups, kid-friendly, outdoor seating, vegan-friendly, wifi
• Everything in the bakery case, including hearty sticky buns and creative cupcakes, is locally sourced and made daily. Also about the 30 cakes. \$

Koval's Coffee

22 Commerce St., Huntington, 432-5882
• Closed Sun., Mon., Tues., Wed., Thurs., Fri., Sat. 8 a.m.-6 p.m.
• "Want to do the simple stuff right," co-founder Koval says of his bakery's consistent made-sandwiches-on-fresh-bread. Soups are homemade too. \$

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CHITTENDEN COUNTY

BAKERIES

My Little Cupcake

4 Churchwell St., Suite 101, Essex, 802-769-2646 • Hours: L, D • delivery, good for groups, kid-friendly, vegan-friendly, w-f • A must of tasting dessert's gplets sweet's layers in search of baking goods and coffee. There are always 12 flavor-of-the-month cupcakes, from more than 60 possibilities. \$

On the Rise Bakery

30 Empire St., Richmond, 802-787-1011 • Hours: B, Brk, L, D • hours: 7 a.m.-gluten-free options, good for groups, kid-friendly, vegan-friendly, w-f • All ages shown, decent for kids • Music: Upbeat coffee shop smoothies, and decadent, vegan or gluten-free sweets at this popular Richmond bakery. Also check out the homemade bagels and wood-fired pizza made with veggies from on-site gardens. Sunday brunch. \$

Quality Baking Shop

80 Pearl St., Essex Junction, 876-2008 • Hours: B, L • days: check only kid-friendly • This small counter-service all-day bakery is famous for its buttery, sweet-homemade cookies and baked goods. Cookies start at \$4.50. \$

West Meadow Farm Bakery

34 Park St., Essex Junction, 876-1648 • Hours: Sun., Mon., Tues.-Sat., 8 a.m.-gluten-free options, kid-friendly, veggie-friendly • Delish, well-made items by far gluten-free goodness, from scones to biscuits, muffins, cookies and even muffins. Get a birthday cake for a discounted cake. \$

Yvonne's Café

What a Cap Business Park, 428 Industrial Ave., 8755 Willits Rd., 802-333-0107 • Hours: Sat., Sun., M-F • B, L • good for groups, kid-friendly, outdoor seats, vegan-friendly, w-f • Patrons can sit inside or outside. There are daily soups and salads, plus lots of healthy flavor-filled breadbowl soups, as a specialty. \$

BARS, CLUBS & PUBS

BARS

B. U. Emporium

184 Perkins Fwd, Rd. 1, Colchester, 865-4252 • Hours: B, L, D • full bar • drinks, pool, live: Barber and wings are popular on the pub menu at this laid, friendly-down-the-street. \$

Franny O's

739 Basin City Park Rd., South Burlington, 863-2305 • Hours: L, D • full bar • delivery, good for groups, kid-friendly, outdoor seats, table service, veggie-friendly w-f • Games, karaoke, karaoke, karaoke, karaoke, pool, live: Blue-enthaler, collar workers rock on some sports bar for the live metal and punkfest (Keweenaw on Wednesday, Thursday and Saturday), local rock bands on Friday, lunch till week long. \$

Homie's Nest

12 Radnor Street, Essex Junction, 865-4938 • Hours: L, D • full bar • good for groups, outdoor seats, table service, w-f • live music • This neighborhood pub has great rates to Essex sports bars. Lunch Thursday through Saturday. \$

Unwinders

817 College Pkwy., Colchester, 864-6000 • Hours: L, D • full bar • good for groups, kid-friendly, table service, w-f • drink specials, karaoke, games, pool, live: Buffalo wings and burgers, keep students, students, students back. You'll find friendlies, wings, beer and karaoke down the bar. \$

NIGHTCLUBS

Backstage Pub

40 Pearl St., Essex Junction, 876-5464 • Hours: L, D • full bar • good for groups, outdoor seats, table service, veggie-friendly w-f • Karaoke, karaoke, karaoke, live music, pool • The local hangout here features wings, burgers, live music and karaoke. \$

Higher Ground

1314 Mainstreet Rd., South Burlington, 862-0777 • Hours: D, Full bar • table service, veggie-friendly off-menu shows, karaoke, live music, games • The region's premier music venue shows lots of national and local music acts. Pub fare available until 10 p.m. whenever there's a show. \$

The Monkey House

30 Main St., Williston, 865-4663 • Hours: L, D • full bar • table service, w-f, dance floor, live music, games, pool, live entertainment • This local live-and-virtual karaoke bar is eclectic blend of regional and local acts world-wide at the week. Bring in with you own MP3 player or fitted with their no live music. \$

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• 201-300 seats
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• L-Lunch
• D-Dinner
• L,D-Lunch & Dinner

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On Tap Bar & Grill

4 Park St., Essex Junction, 876-3309 • Hours: B, L, D • full bar • good for groups, outdoor seats, table service, live music, w-f • By the pub menu at this bar and live music venue. Dig into a plate of calamari while watching a game. \$

PUBS

Banana Windz Cafe and Pub

17 Town Marketplace, Essex Junction, 876-0152 • Hours: L, D • full bar • table service, w-f • live music, karaoke, live music, pool • This cafe pub will live music and karaoke features appetizers once a month. Try the house-made, 2000s chicken and chips. \$

City Sports Grille

25 Main St., Mount View Cr., Colchester, 865-2726 • Hours: L, D • full bar • good for groups, kid-friendly, table service, w-f, dance floor, live music, games, pool, quiz, live: This place can be a neighborhood pub or a place to catch up with friends on Sunday and Monday. They also have chicken wings, Philly cheesesteaks and burgers. One of the 12 TVs has a 7-foot screen. \$

Cody's Irish Pub & Grille

4 Carrington St., Essex, 876-7442 • Hours: L, D • full bar • good for groups, kid-friendly, outdoor seats, table service, veggie-friendly w-f, music, pool • This place has a pool table system that automatically scores and moves to a different place — plus lots of karaoke. \$

James Moore Tavern

4302 Berlin Avenue Rd., Berlin, Vt., 862-0828 • Hours: L, D • full bar • gluten-free options, veggie-friendly, kid-friendly, outdoor seats, table service, veggie-friendly, w-f • live music • This spot near the highway serves wings, burgers and sandwiches. Catch an intermission meal Saturday night. Winter only. \$

McKee's Pub & Grill

19 E. Allen St., Winooski, 865-0048 • Hours: Brk, L, D • Full bar • kid-friendly, outdoor seats, table service, veggie-friendly, karaoke, games, pool, live: This local hangout has great up-to-date selection salads, wings, seafood platters, burgers, and all-American dishes. Eggs Benedict is one of many special items on the brunch menu — comes in several varieties. \$

Murray's Tavern

41 Union St., Essex Junction, 876-4821 • Hours: L, D • full bar • kid-friendly, table service, w-f, starts, pool, live: This classic Irish pub serves burgers and all kinds of sandwiches. \$

Old Shed Bar & Grill

80 Shetucket Shoppes Plaza, Shetucket, 865-8800 • Hours: L, D • full bar • good for groups, kid-friendly, outdoor seats, table service, w-f, karaoke, live music, pool, live: Customized soup on cornbread back for the Texas dogs and chicken wings, Karaoke every Saturday night. \$

Pearl Street Pub

101 Pearl St., Essex Junction, 876-3571 • Hours: L, D • full bar • good for groups, table service, starts, w-f • This small, quiet neighborhood bar is known for its food. Bar classics such as hot dogs and cheeseburgers are on the menu along with oysters, potato chips and bread bowls. \$

The Pour House

1830 Williston Rd., South Burlington, 862-3863 • Hours: Brk, L, D • full bar • good for groups, kid-friendly, table service, veggie-friendly, live: This pour bar is also a neighborhood pub that changes custom with 30 TVs on Sunday and Monday. They also have chicken wings, Philly cheesesteaks and burgers. One of the 12 TVs has a 7-foot screen. \$

Spanked Puppy Pub

11 Main St., Colchester, 876-4440 • Hours: Brk, L, D • full bar • good for groups, outdoor seats, table service, kid-friendly, outdoor seats • This pub is also a neighborhood pub that changes custom with 30 TVs on Sunday and Monday. They also have chicken wings, Philly cheesesteaks and burgers. One of the 12 TVs has a 7-foot screen. \$

Tuckaway's Pub

107 Williston Rd., Shelburne, 865-4420 • Hours: L, D • full bar • kid-friendly, outdoor seats, table service, w-f • This tiny pub in a building a selection of local microbrews on tap, build-your-own burgers and 100+ sports memorabilia on the walls. \$

Upper Deck Pub

1200 Williston Rd., South Burlington, 862-4855 • Hours: L, D • good for groups, kid-friendly, outdoor seats, table service, veggie-friendly, w-f, live: Watch a game on the flat-screen TVs at this family-friendly sports-themed bar. Snacks, seafood and wings are great, as are the cocktails, and microbrews are another reason to pull up a chair. \$

Wings Over Burlington

180 Central St., South Burlington, 863-4252 • Hours: L, D • Full bar • kid-friendly, w-f • This is a place of sports on the wall and sports on the TVs. The wings — made with fresh chicken — come in 10 flavors. Lunch on Friday night. \$

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CHITTENDEN COUNTY

ITALIAN/PIZZERIAS

Papa Frank's

10 W Center St., Winooski 05404-2423
• Meats: L, B, Bean & wine • good for groups, kid-friendly, table service, veggie-friendly • This long-time family restaurant features photos of the owners' Italian grandparents. The customers are third-generation. \$

Papa McKee's

38 Main St., Richmond 044-4802-4
• Meats: L, B, Bean & wine • good for groups, kid-friendly, table service, veggie-friendly • With a family-friendly pizza and salads, enjoy the cozy atmosphere at this family-run pizzeria. The Between This is a new menu focused on salads. \$

Pastabilities

4275 William Rd., Williston 054-5512-1121 • Dine-in, Take Out, Meats: L, B, Beans, L, D • kid-friendly, pizza and pasta • From the family restaurant can be made at home or taken out, can be the meatless and chicken Pesto \$

Pizza on Earth

1520 Howesburg Rd., Charlotte 054-2152-2 • Dine-in, Take Out, Meats: L, B, Bean, L, D • kid-friendly, veggie-friendly for groups, kid-friendly outdoor service, seasonal, veggie-friendly • This farm-based pizzeria and bakery keeps up their craft by using an outdoor wood oven. Takeout only but summer offers picnicking on the farm. Schedule times separately call ahead. \$

Pizza Putt

1205 Airport Rd., Pottsboro • South Burlington 054-7880-4 • Meats: L, B, Beans & wine • Dine-in, kid-friendly, table service, veggie-friendly • Come in for homemade pizza — with an emphasis on veggie everything — and an emphasis on veggie everything — with an emphasis on veggie everything. \$

Pulcinella's

100 Benét St., South Burlington 054-3820-1 • Meats: L, D, Full Bar • gluten-free option • good for groups, kid-friendly, table service, veggie-friendly • Ruthenbach's Italian restaurant, such as gelatos, focaccia and "Ricotta Soup," might fit this very Italianical Chef Pizzaiola's family recipes (figure prominently on the extensive menu). No lunch on Monday. \$

Ramunto's Brick Oven Pizza

18 Taft Avenue Shopping Ctr., Williston 054-8679-0800 • Meats: L, B, Bean & wine • Aroma's • delivery good for groups, kid-friendly, veggie-friendly • "People love the garlic knots and the dinner salads," says owner Jeff Paul. There are daily lunch specials. No fast food. \$

Rocky's NY Pizza

Two locations

200 Commonwealth Dr., Williston 054-8680-4 • Meats: L, B, Beans & wine • Dine-in, kid-friendly, table service, veggie-friendly • Come in for homemade pizza — with an emphasis on veggie everything — and an emphasis on veggie everything — with an emphasis on veggie everything. \$

Rustico's

21 Essex Village Boxes, 054-8626-4 • Meats: L, B, Beans & wine • good for groups, kid-friendly, table service, veggie-friendly • "We ground it from fresh rendered veal," says French-technique Chef Dennis Lefebvre. "We use so many local ingredients in the seasonals." \$

Three Brothers Pizza & Grill

973 Roosevelt Hwy., Colchester 054-656-5510 • Meats: L, B, Bean & wine • delivery good for groups, kid-friendly, table service, veggie-friendly • "We emphasize it is on local products all the time," family-owned pizza and sandwich spot. When the snow comes, it's a nice spot for Swedish meatballs. \$

Three Tomatoes Trattoria

112 Roosevelt Rd., Middlebury 054-862-2800 • Meats: L, D, Full Bar • gluten-free option, good for groups, kid-friendly, table service, veggie-friendly • "We have a lot of healthy options," says owner Jeff Lucas, "just like the healthy Italian restaurant we started with the first pizza, baked pastries or rotisserie meats emerge from the open kitchen." \$

ITALIAN/PIZZERIAS



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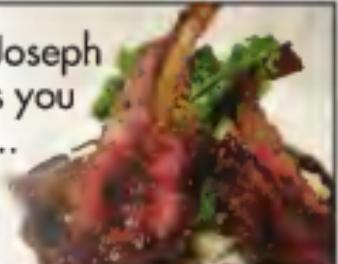
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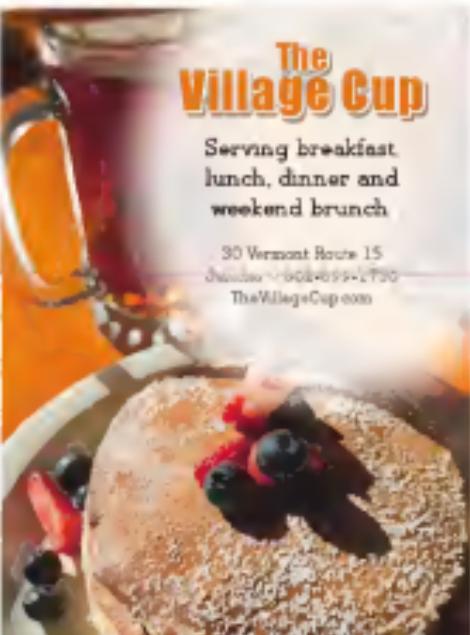
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SOUZA'S BRAZILIAN STEAKHOUSE

130 Main Street, Burlington, 864-2433

A man with a mustache signals danger. But at Souza's Brazilian Steakhouse, it's the equivalent of a dinner bell. There, young men dress in wide-legged gaúcho pants bring rockin' meat to your table—on a giant skewer.

Sound weird? It is. Souza's is Vermont's only Brazilian restaurant. Service at the steakhouse is rodizio-style. That means the food is cooked on the skewer using a method known as churrasco. English translation: Everything, including vegetables and fruits, is barbecue'd over imported Brazilian wood. A salt crust brings out the natural flavors of as many as 14 different kinds of meat.

When the gaúcho comes bearing a dish they want to try, such as filet mignon rolled in bacon, diners should greet him with, "Sos, por favor," encouraging him to approach.



PHOTO: MARY SOUZA

As more exotic dishes, such as chevy chicken hearts (yes, it is), hit the menu, the most adventurous eaters flip the card from green side to red.

Those who say, "Nós, obrigado," to all meat can seek out the salad bar, which features everything from exotic salads with palm hearts to good old Waldorf. The hot bar has fish dishes, potato cakes topped with red sauce and garlicky sautéed vegetables.

A range of tropical juices, including passion fruit, guava and cashew fruit, pair marvelously with pão de queijo, the chewy Brazilian equivalent of a gougère. To the strains of samba legend Jorge Aragão, the gaúchos keep on coming, it's all you-can-eat. If levan-dingadinho is your favorite, have at it. Crispy chicken thighs are delicious alongside rice and beans.

If there's still room for dessert, the doce de leche, coconut pudding and chocolate mousse with guava paste are all excellent options. Prefer a post-prandial digestif? Local-brewed Ica Difer is available at the bar, but for a true taste of Brazil, try a house caipirinha, the country's national cocktail, made from lime and a sugar-cane-derived alcohol called cachaça.

Alice Levitt

BURLINGTON





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BURLINGTON

AMERICAN

BARBECUE/ SOUL FOOD

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55 Main St., Burlington 802-520-5570 • Meats: L, B, D; kids + adults • gluten-free opts.; good for groups; kid-friendly; outdoor seats; table-service; live music • All the BBQ joints, the slogan is "Get some Southern in your mouth." Check out the slow-cooked Texas brisket and the bold-cut portions of pulled pork. All sauces and rubs are homemade. \$

CONTEMPORARY

156 Bistro

156 Main St., Burlington 802-865-5454 • Meats: B, D; kid-friendly • good for groups; kid-friendly; table-service; veggie-friendly; Wi-Fi • Want to eat with your favorite rock? An unexpected place to play that rock? Bring it! If not, try a beef burger with blue cheese and a bacon mushroom risotto. \$

Battery Street Grill at the Hilton Hotel

152 Battery St., Burlington 802-520-0000 • Dine-in: Sun., Meats: B, L, D; L, D; kid-friendly; outdoor seats; table-service; veggie-friendly; Wi-Fi • Inside the Hilton Hotel, this casual restaurant serves breakfast, lunch and dinner until 10pm. Late-night snacks are available at the bar. \$

Church & Main

1544 Church St., Burlington 802-864-2042 • Meats: L, B; kid-friendly; gluten-free opts.; good for groups; outdoor seats; reservations; table-service; veggie-friendly; Wi-Fi • This upscale restaurant puts an international twist on familiar ingredients with dishes such as chicken and waffles, surf 'n' turf, spring rolls and location. No dinner Sunday. \$\$\$\$

The Daily Planet

15 Central St., Burlington 802-860-8880 • Meats: B, L, D; full bar • gluten-free opts.; good for groups; kid-friendly; outdoor seats; reservations; table-service; veggie-friendly • The fare at The Daily Planet is a veggie bar and restaurant ranging from smoothies to pie, souped-up salads but is always seasonal. Twenty beers on tap. \$

The Green Room

165 St. Paul St., Burlington 802-860-6740 • Casual; Sun.; Meats: B, L, D; full bar • gluten-free opts.; good for groups; kid-friendly; outdoor seats; no res.; table-service; veggie-friendly; live music • Experience urban ambience and creative cuisine at the bar in the dining room (kitchen and lounge). Start with seasonal small, medium and large plates. \$

Magnolia Bistro

211 Lorraine Lane, Suite 10, Burlington 802-346-5100 • Meats: B, L, D; full bar • gluten-free opts.; good for groups; kid-friendly; outdoor seats; table-service; veggie-friendly; Wi-Fi • This subversive cafe offers soul food classics on a traditional road. The eco-friendly owners focus on Fair-Trade local and sustainable products. \$

Sweetwaters

125 Church St., Burlington 802-860-0200 • Meats: B, L, D; full bar • gluten-free opts.; good for groups; kid-friendly; outdoor seats; table-service; veggie-friendly; Wi-Fi • This eclectic eatery has been a Church Street Mainstay for more than 20 years. They lay the country table with burgers, sandwiches or vegetables "Harvest Tacos." \$

DINERS

Dough Boy's Bakery & Coffee Shop

83-87 Pearl St., Burlington 802-842-8328 • Meats: B, L; kid-friendly; table-service; veggie-friendly • This neighborhood bakery serves up comfort food for everyone, from students to office workers. The adjoining bakery sells homemade doughnuts, pastries and pastries by the dozen. \$

Handy's Lunch

74 Main St., Burlington 802-596-3 • Meats: B, L; kid-friendly; table-service; veggie-friendly • Family owned since 1945, this neighborhood deli serves hearty sandwiches, as well as "McDonald's" sandwiches and Teachout dogs. \$

Henry's Diner

855 Main St., Burlington 802-860-2102 • Meats: B, L; kid-friendly; table-service • This iconic Queerwater corner eatery serves breakfast all day, muffins, home-cooked dishes in a cozy retro atmosphere. Try their Greek specialties, for \$.

APPROXIMATE	MEALS
\$10-\$20 per person	B, Breakfast
\$20-\$30 per person	L, Dinner
\$30-\$40 per person	D, Dinner
\$40-\$50 per person	DK, Dinner

Vermont Fresh Network Member	DK
Vermont Restaurant Week 2011 Location	DK

SNACK BARS/CARTS

Beansies

Battery Park, Burlington; no phone • Meats: L, D; kid-friendly; veggie-friendly • This friendly outdoor eatery is all casual. • The former school bus has been serving up Michigan since 1948. Also offers: creamers and breaded fries. Open April 1 to the end of September. \$

Boo-Kiss

Corner of Park St. and Church St., Burlington 802-520-0000 • Closed: Sun. • Meats: B, L; kid-friendly; veggie-friendly; casual • Boo-Kiss is a former 1950s diner that's been transformed into a casual eatery. The menu includes breakfast items, soups, salads, sandwiches and veggie burgers for the meat-free crowd. \$

SOUP 'N' SANDWICH

Bagel Café & Deli

182 North Ave., #25, Burlington 802-580-0003 • Meats: B, L; kid-friendly; veggie-friendly; casual • This eatery has been a Burlington mainstay since 1978. The New North Deli (vegan) bakery is also a great place to hang out. \$

Ben & Bill's: A New York Deli

595 Shelburne Rd., Burlington 802-260-3 • Meats: L, D; kid-friendly; good for groups; kid-friendly • Look for all the Jewish deli classics from matzo toegel to pastrami and Dillers' soda. The soups are great and potato chips are made in-house. \$

Bruegger's Bagel Bakery

82 Church St., Burlington 802-199-5 • Meats: B, L; kid-friendly; veggie-friendly; casual • This over-the-top eatery offers quick coffee, soups and sandwiches to go or to eat in. This breakfast and lunch spot has a family friendly atmosphere. Munch on bagels and sandwiches, salads and baked goods. Or build your own sandwich from more than 60 ingredients. \$

Burlington Bay Market & Café

128 Battery St., Burlington 802-520-0000 • Meats: B, L; kid-friendly; veggie-friendly; casual • This waterfront deli and market offers gourmet salads, soups and sandwiches. There's a seasonal creperie stand. Two views of Lake Champlain are year-round. \$

Cobblestone Deli and Café

152 Battery St., Burlington 802-335-3354 • Closed: Sun.; Meats: L; kid-friendly; good for groups; kid-friendly • This specialty sandwich shop has the only dog parking area in town. Open for a sandwich and stand, or to sample the famous goods. Closed evenings in winter. \$

Four Corners of the Earth

219 Park St., Burlington 802-520-0000 • Meats: B, L; kid-friendly; veggie-friendly; only gluten-free opts.; good for groups; kid-friendly; veggie-friendly • This eatery draws inspiration from all over the globe to create unique sandwiches. Try the Japanese-influenced Cuban (pork, Lettuce, cilantro or Japanese kimchi, soy-ginger). \$

Kountry Kart Deli

155 Main St., Burlington 802-4480 • Meats: B, L; D; kid-friendly • In the mood for a sandwich? Philly cheesesteak! This Concord Square City deli transports full menu — including soups, salads and breakfast sandwiches — until 3:45pm all year round. \$

Mad Hatter

109 Bank St., Burlington 802-4500 • Closed: Sun.; Meats: B, L; kid-friendly; veggie-friendly • Eat on the go or sit up a bigger lunch that includes a salad or sandwich or both. \$

New Moon

216 1/2 Cherry St., Burlington 802-383-1500 • Closed: Sun.; Meats: B, L; kid-friendly; good for groups; kid-friendly; veggie-friendly • This breakfast and lunch spot has a family friendly atmosphere. Munch on bagels and sandwiches, salads and baked goods. Or build your own sandwich from more than 60 ingredients. \$

Putra Café

8-Center St., Burlington 308-4888 • Meats: B, L; kid-friendly; veggie-friendly • Good for groups; veggie-friendly. \$

Get small cups of Vietnamese coffee and tea (hot or iced) as well as fruit juices, smoothies and milk shakes. There are soups, salads and sandwiches, too. \$

The Pine Street Deli

316 Flynn Ave., Burlington 802-520-5614 • Meats: B, L; kid-friendly; veggie-friendly; Wi-Fi • In a corner store in a zon, and a source for these specialties such as gyros, baba ghanoush, the chocolate-egg burrito (so popular in the a.m. At lunch, "George's Meatball" and the "Big Paul Burger" bust the door. \$

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BURLINGTON

AMERICAN

Radio Deli

17 Pearl St., Burlington 865-2886 • **Meals:** B, L, D • **gluten-free options:** yes • **kid-friendly:** veggie-friendly • This neighborhood grocery and deli serves a diverse clientele. The meatball sandwich and homemade soups are famous, and soups are often offered every Tuesday. \$

Red Onion

342 1/2 Church St., Burlington 865-2886 • **Meals:** B, L • **gluten-free options:** yes • **kid-friendly:** veggie-friendly • Home of the "Red Onion Sandwich" — a sandwich of turkey bacon, steaming British apples, bacon, and sliced tomatoes mayonnaise and bacon. Maple cheddar cheese. Try it with a homemade honey mustard dressing. \$

Sodie Katz Delicatessen

300 Pearl St., Burlington 860-6300 • **Meals:** B, Brk, L, Brk & nite • **kid-friendly:** table-service, veggie-friendly • Simple Jewish Deli Terms — including mounds of pastrami on rye. Pickling breads with kriat, and matzo ball soup — without leaving Vermont. Of course, table-top \$

The Spot

250 Shattuck Rd., Burlington 860-7188 • **Meals:** B, L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** veggie-friendly • We'll be it's a fun-filled joint in a mixed-and-blends jazzcation you can stay the day with. "The Lopas" yogurt and granola with a side of fruit and berries. For lunch, try Reuben's. \$

Stone Soup

201 College St., Burlington 860-7188 • **Meals:** Brk, L, D • **beer & wine:** yes • **group:** check out gluten-free options, kid-friendly, outdoor seats, salad bar • **vegan-friendly:** yes • **outdoor seats:** veggie-friendly • This callaway has soup, sandwiches and daily specials featuring healthy local produce and meats. \$

Sugersnap

200 Broadway Ave., Burlington 865-1882 • **Closed:** Sat., Sun. • **Meals:** L, D • **gluten-free options:** yes • **kid-friendly:** outdoor seats, veggie-friendly • This casual and breezy spot is known for being close to the Burlington International. Choose from freshly prepared, seasonal salads, sandwiches, homemade soups and take-home dinners. Special daily specials. \$

Sugersnap at ECHO

1 College St., Burlington 864-3444 • **Meals:** L, D • **gluten-free options:** yes • **group:** family, outdoor seats, veggie-friendly • In the heart of downtown Burlington, Sugersnap at ECHO offers a variety of healthy, seasonal, and delicious food. \$

inside ECHO Lake Aquarium. Soups and sandwiches are crafted from local, seasonal ingredients, and the delicious dinner menu is filled with local cheddar,行政部门, and more. \$

Top of the Block Sandwich Shoppe

2 Church St., Burlington 860-6867 • **Closed:** Sun. • **Meals:** B, L • **beer & wine:** yes • **group:** veggie-friendly • This sandwich shop uses local products in their soups, sandwiches, muffin cookies, salads and even their hot drinks are also homemade. \$

Union Jack's

319 Shattuck Rd., Burlington 863-3828 • **Meals:** L, D • **group:** great for groups, kid-friendly, veggie-friendly • This sandwich shop has classic sides as well as British specialties, such as fish and chips. Try the "Coronation" meat loaf (coronation and parmesan with cheddar) and pickled onions and beans under a layer of instant sauce. \$

Vermont Sandwich Company Inc.

240 Shattuck Ave., Burlington 863-1822 • **Meals:** L, D, LN • **beer & wine:** yes • **group:** veggie-friendly • This local sandwich company comes up with some interesting combos. Try the popular "Paradise" with turkey stuffing and cranberry sauce. Open until 2 a.m. on Friday and Saturday. \$

SOUTHWESTERN/TEX-MEX

Boleco

92 Church St., Burlington 865-9771 • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** veggie-friendly, no • **table-service:** yes • This busy eatery defines a flavorful menu made with nutrient-dense meats or seasonal veggies. Eight versions include Gyros, Mediterranean and "Classic" Lots of smothered, too. \$

Buena y Sano

23 College St., Burlington 863-9900 • **Meals:** L, D • **beer & wine:** yes • **group:** gluten-free options, great for groups, kid-friendly • **outdoor seats:** veggie-friendly • **table-service:** yes • This restaurant offers a variety of spicy options — chicken, beef, and veggie — in a burrito or a tostada. The homemade tortillas are an added bonus. There are salads, too. \$

New World Tortilla

400 Pearl St., Burlington 860-1888 • **Closed:** Sun. • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **vegan-friendly:** yes • **outdoor seats:** yes • **table-service:** yes • **menu:** *Authentic Mexican* \$

Wings on freshly baked flour tortillas. Try the classic *Chile Relleno*. The tortilla. The soft tacos are homemade. \$

STEAKHOUSES/SEAFOOD

Blue Cat Café and Wine Bar

1 Larchmont Lane, Burlington 363-3828 • **Closed:** Sun. • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly, veggie-friendly • This restaurant uses their own gardens in the space. The Blue Cat features a high-end wine list and very nicely sourced cuts of meat — along with more than 3000 wines by the bottle. It's open until midnight Friday and Saturday. \$

Ice House Restaurant & Bar

111 Library St., Burlington 864-1800 • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** veggie-friendly • **group:** great for groups, kid-friendly • This local eatery is great for winter break and an off-the-beaten-path restaurant. It's a cozy dining room and a large open deck. Bistro service from Mothers Day through mid-October. \$

Steakhouse & Ale House

167 Church St., Burlington 860-565-1670 • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** veggie-friendly • **group:** great for groups, kid-friendly • This busy eatery offers a variety of unique meals with nutrient-dense meats or seasonal veggies. Eight versions include Gyros, Mediterranean and "Classic." Lots of smothered, too. \$

Shenly on the Shore

101 Madison St., Burlington 864-6239 • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** yes • **menu:** *Authentic Latin American* • It was built in 1935. Truly quality seafood while enjoying great views of Lake Champlain. \$

TRADITIONAL

Breckwater Café

101 St. Chels., Burlington 863-6276 • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** yes • **menu:** *Authentic Latin American* • It's a great place to have breakfast, lunch, dinner, and dessert. Open from the end of May to the end of September. \$

Vermont Fresh Network Member

Vermont Restaurant Week 2011 Location

Halvorson's Upstreet Café

16 Church St., Burlington 860-0279 • **Meals:** Brk, L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** veggie-friendly • **music:** yes • Have a burger treat at Church Street's own pub-style eatery. Upstreet's got the music, Thursday night. \$

Herber Lounge and Park Cellar

25 Cherry St., Burlington 864-4700 • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **table-service:** yes • **vegan-friendly:** yes • **outdoor seats:** yes • **table-service:** yes • **menu:** *Authentic American* • Located at the Courtyard Herschel features barbecue, baked beans, jalapeño cheddar, and more. Located on the edge river to the streets of a jazz troubadour singing on chicken and a side of fries. \$

O.N.E. Pepper Grill

250 North St., Burlington 860-0800 • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** veggie-friendly • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** yes • **menu:** *Authentic American* • Open from the beginning of June to the end of October. Great burgers, beer-battered onion rings, and a barbecue sandwich are all the best along with chicken and beef by the bottle. \$

GTee's

201 Winooski Ave., Burlington 865-3668 • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** veggie-friendly • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** yes • **menu:** *Authentic American* • It's been open since 1945, and the same family since 1938. Now the North End's Best Burgers, beer-battered onion rings, and a barbecue sandwich are all the best by the bottle. \$

Sky Burgers

161 Church St., Burlington 861-0442 • **Closed:** Sun. • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** yes • **menu:** *Authentic American* • Located at the top of the hill, this restaurant offers a variety of burgers, salads, and more. Open from the end of May to the end of September. \$

Splash at the Boathouse

Bottom of College St., Burlington 860-2684 • **Meals:** L, D • **beer & wine:** yes • **group:** great for groups, kid-friendly • **outdoor seats:** yes • **table-service:** yes • **menu:** *Authentic American* • It's a great place to have breakfast, lunch, dinner, and dessert. Open from the end of May to the end of September. \$

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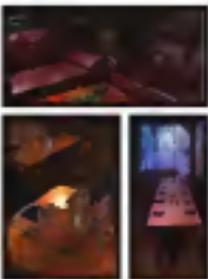
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• BAKERIES

BARS, CLUBS & PUBS

BARS

1/2 Lounge

135 St. Paul St., Burlington, 864-8862 • Heat: L/M; full bar • Full bar • tableservice; veggie-friendly games; pool • This cozy bar serves a variety of creative drinks. Try the house-infused vodka, beers flavored with tea, another with Jolly Rancher candy. There are microbrews and board games, too.

Akira's Place

104 Church St., Burlington, 864-8718 • Full bar • tableservice; sports games, pool • This bar has got the staples — plus darts, leagues and six major sports packages on the 42" HD plasma TVs. Check out their Facebook page for updates.

Barley's Place

104 Church St., Burlington, 864-8718 • Full bar • tableservice; sports games, pool • This bar has got the staples — plus darts, leagues and six major sports packages on the 42" HD plasma TVs. Check out their Facebook page for updates.

Drink

135 St. Paul St., Burlington, 864-8862 • Heat: Sun • Heat: LM • Full bar • tableservice; veggie-friendly games; pool • This cozy bar serves a variety of creative drinks. Try the house-infused vodka, beers flavored with tea, another with Jolly Rancher candy. There are microbrews and board games, too.

Exco

164 Main St., Burlington, 862-1234 • Full bar • cards; games, pool, tr • Catch all the Red Sox and Yankees action at this sports bar — it's got the "baseball package." There are 11 beers on tap and plenty of video games.

Finnigan's Pub

250 College St., Burlington, 864-8208 • Full bar • cards; checkers, darts, pool, tr • This friendly, family-free sports bar has an Irish accent. Check out the sports packages for over 200 feature, hockey and basketball on HD TVs.

Old Northender Pub

25 North St., Burlington, 864-8208 • Heat: LM • Full bar • cards; checkers, darts, pool, darts, karaoke, pool, tr • Owner Bob Brumus describes this neighborhood watering

hole as "the best damn dive you'll find in this bar."

The Other Place

450 Vermont Ave., Burlington, 863-8828 • Heat: L, M, LM; Full bar • good for groups; pool, tr • The front part of this friendly neighborhood bar turns up in the summer — it's the garage bar. Food is served until 8 p.m.

Ruben James

160 Main St., Burlington, 864-8208 • Full bar • cards; games, pool, tr • Catch all the Red Sox and Yankees action at this sports bar — it's got the "baseball package." There are 11 beers on tap and plenty of video games.

T. Rugg's Tavern

140 Diamond Ave., Burlington, 864-6418 • Full bar • cards; live music, games, pool, tr • Imagine a "dive bar" with diners, pool and a jukebox. You can smoke, too, on the deck out back.

Three Needs

297 College St., Burlington, 864-2888 • Heat: LM; Full bar • cards; pool, tr • Stop by for some serious pool and "The Simpsons" when it's day at this bar — another. Open from 4 p.m. until 2 a.m. in the morning. Chill out or play arcade games in an atmosphere of the bartender's favorite tunes.

What Ale's You

182 St. Paul St., Burlington, 864-1364 • Full bar • cards; checkers, darts, pool, tr • This popular college hangout features drink specials throughout the week.

NIGHTCLUBS

242 Main

250 Main St., Burlington, 862-2244 • no alcohol • cards; checkers only; all-digital screens, the music, the screens, the career • Local teens come to this youth-oriented community forum, managed by Burlington Parks & Rec, for movie nights, music, education and live, alcohol-free entertainment.

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- BARS, CLUBS & PUBS

Club Metronome at Nectar's

906 Main St., Burlington 855-4562 • Full bar • 100+ all-gigs shows, dance floor, live music, tv,岸邊音樂
cover • Located above Nectar's, this virtual hub touring artists and DJs as well as local indie hip-hop acts and reggae acts. Saturday night is "Techno" series.

Lift

106 Church St., Burlington 855-2300 • Dance: Sun., Mon., Tues. • Full bar • This is a house set to the best local and international spinning talent. The motto is "a judgment, no drama and no attitude."

Rasputin's

101 Church St., Burlington 855-1024 • Dance: Sun., Mon., Tues., Friday • Check back only dance floor, live music, pool, go-karts, karaoke, table service, veggie-friendly pool, games, etc. The king of the king, this recently-owed national chain, they've got all the game packages and 24 beers on tap. \$

Church Street Tavern

101 Church St., Burlington 855-1024 • Meats: L, D, Full bar • Good for groups, outdoor seats, table service, veggie-friendly tv • This sports tavern has a huge following of college students and professionals. Have a burger with your baseball! No keggers in summer. \$

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Red Square

136 Church St., Burlington, 855-8550 • Full bar • outdoor seats, table service, all-ages, dance floor, live music, tv,岸邊音樂, cover • This tiny basement bar hosts DJs and local groups on weeknights, weekends, franchise touring bands. They do private parties, too.

PUBS

Buffalo Wild Wings Grill & Bar

105 Shearwater Rd., Burlington, 406-5023 • Meats, L, D, Full bar • Gluten-free eats, pool, go-karts, karaoke, table service, veggie-friendly pool, games, etc. The king of the king, this recently-owed national chain, they've got all the game packages and 24 beers on tap. \$

Church Street Tavern

101 Church St., Burlington 855-1024 • Meats: L, D, Full bar • Good for groups, outdoor seats, table service, veggie-friendly tv • This sports tavern has a huge following of college students and professionals. Have a burger with your baseball! No keggers in summer. \$

JP's Pub

109 Main St., Burlington, 652-6288 • Full bar • dance floor, karaoke, live music, pool, tv • Themes include four nights a week and a rock band every other week. Look for open mic nights and tournaments. \$

Nectar's

100 Main St., Burlington 855-4571 • Meats: D, L, Full bar • great for groups, kid-friendly, table service, veggie-friendly, tv, all-ages, karaoke, dance floor, live music, pool, pool table, karaoke, cover • The birthplace of Pitch the Bouthouse's hand-crafted local, regional and national micro-brews of ales, lagers, and IPAs. The dining room serves up burgers and Nectar's world-famous wings. \$

Ri Ra Irish Pub

102 Church St., Burlington 850-9421 • Meats: L, D, L, Full bar • bumper room, gluten-free eats, pool, great for groups, kid-friendly, music, table service, wifi, plasma floor live music, pool/poker, tv • Looking for a taste of the Emerald Isle? This authentic pub serves up 100 menu plus live music. We play darts through Saturday night, trivia on Sunday, pool on Tuesday night, Highwater Friday evening events. \$

Smyth's Pub

1620 North Ave., Burlington 652-4300 • Meats: L, D, Full bar • great for groups, kid-friendly, table service, veggie-friendly, live music, cover • The fish & chips are renowned at this New England-style pub. Look for pool, burgers and veggie-loaded dishes until late. \$

Vermont Pub & Brewery

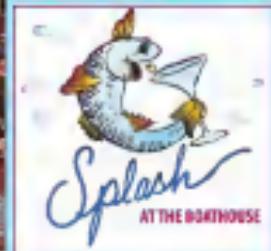
144 College St., Burlington 855-6550 • Meats: L, D, Full bar • great for groups, outdoor seats, table service, veggie-friendly live music, cover • Vermont Pub & Brewery is the country's first — or possibly even the first — all-poly-ale brewery (a.k.a. beer) — with one of 10 house-brewed ales and tapir on tap. \$

COFFEE/TEA

Dobra Tea

60 Church St., Burlington 855-5200 • Meats: L, D, Full bar • gluten-free eats, outdoor seats, table service, veggie-friendly wifi • Dobra Tea has 20 varieties of direct-sourced, local-tea from entire Indonesian islands. Try the locally-made pastries or a classic light fare. \$

COFFEE/TEA •



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BURLINGTON

COFFEE/TEA

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Lake Champlain Chocolates Factory Store & Café

750 Pine St., Burlington, 860-3327

• Sip specialty hot chocolate as well as espresso and tea, and taste homemade ice cream at this café located inside the Lake Champlain Chocolate Factory Store. On the way out, buy some factory seconds at deep discounts, or have a box of truffles wrapped up. \$

Muddy Waters

184 Main St., Burlington, 860-3323

• Meals: B, L, D • Full bar • great for groups • This family coffeehouse serves a range of organic and fair trade coffee,以及创造性季节性咖啡，如水果、冰沙和扭曲的奶油。\$

My H2O

4th Church St., inside Burlington Town Center, Burlington, 860-6686

• Kid-friendly • My H2O is a fine specialty at this counter inside Burlington Town Center, but you can also stop by a smoothie or yogurt counter. For dessert, grab a creamy filled cake and mochi-like cones. \$

Radio Bean Coffeehouse

1111 Winooski Ave., Burlington, 860-8546 • Meals: B, L, D • Full bar

• gluten-free options, nut-free menu, vegan-friendly with all-vegan choices, dance floor, live music • Imagine live music, indie, light meals, all-vegan paninis and baked goods, and the hip, rock-and-roll, hopping, Mandolin player, etc. Wednesday is Irish Session and jazz plays on Thursday. The rest of the week offers a variety of local bands and performances. \$

Speeder & Earl's: Church Street

104 Church St., Burlington, 860-8670 • Kid-friendly • All-day breakfast

• The Dockers Orange — a specialty smoothie with orange juice and almond — is a big seller at this downtown Java Joint. Also offering smoothies and pastries from Mochaberry. Outdoor seats in summer. \$

APPROXIMATE
OPENING
DAYS
1999 1999 2000
2001 2001 2001
2002 2002 2002
2003 2003 2003

HEADS
B. Breakfast
L. Lunch
D. Dinner
Br. Brunch
L/D. Breakfast & Lunch

Vermont Fresh
Network Number
Vermont Restaurant
Week 2001 Location

ECLECTIC

Cheese Outlet/ Fresh Market

400 Pine St., Burlington, 860-2808 • Meals: B, L, D • delivery, gluten-free eats, kid-friendly, outdoor eats, vegan-friendly • This market and cafe specializes in local, high-end, gluten-free cheeses, and other deli items, and produce. The prepared-foods case holds to more than 50 hot and cold current dishes. A full-service bakery turns out a variety of confections. \$

¡Dulce! (Duende)

1040 Winooski Ave., Burlington, 860-8380 • Meals: B, L • kid-friendly • organic-friendly • An eco-friendly coffeehouse serving local organic and fair trade goods. Brown rice, soy, and millet are on the menu, and sandwiches, soups, salads, and smoothies. \$

ECLECTIC •



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SUN: 12-5

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TUES-WED: 3-4

THURS-FRI: 2, 3, 4, 5

SAT: 1, 2, 3, 4, 5

SUN: 2, 3

WINTER
Memorial Day - Columbus Day

MON-THURS: 10-6
FRI-SAT: 10-7
SUN: 12-5

FREE GUIDED TOURS

THURS-FRI: 3, 4, 5

SAT: 1, 2, 3, 4, 5

SUN: 1:00

Free
TOURS

Free

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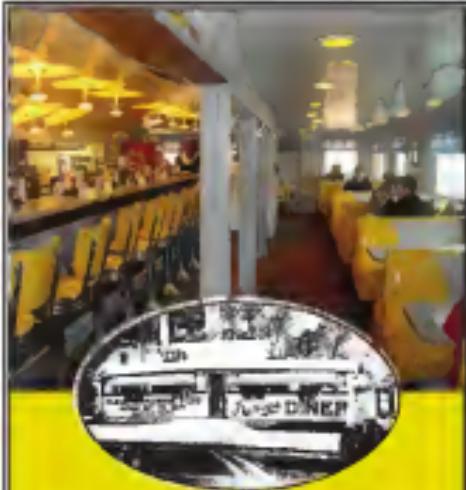


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Locally at the corner of Main & Essex, 21 Essex Way, Essex Junction, VT 05452

FAT FRANKS

92 Rockingham Street, Bellows Falls, 403-4388

There are folks who take their hot dogs seriously and then there's the staff at Fat Franks. At "the wurst place in Bellows Falls," each table is equipped with a primer on "Hot Dog Etiquette" — 12 rules for eating "America's sacred food."

For example: Applying ketchup to a hot dog is strictly verboten to those over 18, as is finishing one off in more than five bites. Licking condiments from fingers and eating the sausage on paper plates, by contrast, are both heartily encouraged.

It's worth noting that none of these rules came from Fat Frank, who doesn't eat ... in human form. "He" is the juicy, quarter-pound all-beef wiener that, along with the larger-than-average "Sleepy Frank," serves as the foundation for a range of combinations. Options include the "Fat Mountain Dog," a grilled frank with cheddar, blue cheese, provolone, and bacon, and the "Seven Hell Dog," topped with chili and a Thai hot sauce known as sriracha.



PHOTO BY JEFFREY T. BROWN

While it may sound basic, Fat Frank's bacon-chili-cheese dog is anything but. This chili isn't for wussies: It packs a serious punch, mitigated only by the distractions of bacon and cheddar that melt as you eat. Mustard and ketchup are swapped for Long Island Ale, which imparts a beeriness, before they hit the grill. Tangy sauerkraut is always an option, but the meal would not be complete without Flay's Mustard, nine varieties of which are available at each table, along with celery salt, ketchup and Sriracha.

The local beef burgers are worth a separate trip: the single-patty burger is laden with herbes-de-Provence-seasoned caramelized onions and garlic mayonnaise. For the flame-tipped local patty with brie cheese, twice-fried russet potatoes or sriracha they stand up to liberal sprays of malt vinegar.

Whatever you choose at Fat Franks, it'll be worth visiting.

Alice Levitt

DESTINATIONS



7 NIGHTS

BREWERIES/VINEYARDS

A Vermont Booze "Cruise"

Vermont's "taste of place" is no longer limited to cheese, maple syrup and ice cream. The state boasts more microbreweries per capita than any other state. Brewers are producing a little bit of everything, from saison to stout.

Lesser known is that more and more grapevines are creeping through our valleys as winemakers plant cold-hardy varieties such as a crescendo, marquette, Riesling and even maple-based varieties a la beer. Fermented and distilled in these verdant hills.

Here's a list of the folks who cracked the fine libations. While some wineries and breweries have tasting rooms—such as Lincoln Peak Vineyard in New Haven and Harpoon Brewery in Windsor, for example—not all are open to visitors, so be sure to call ahead.



Steve Larson of Lincoln Peak Vineyard

BREWERIES



Brickyard Brewing Co.
6305 Shelburne Rd., Shelburne

Harpster Brewery
326 Ruth Conney Dr., Windsor
864-5481

Hill Farmstead Brewery
4031 Hill Rd., Greensboro Island,
869-4480

Lewiston's Finest Liquors
Weyan, 232-8436

Long Trail Brewing Company
Junction of Routes 4 and 100A,
Bridgewater Center, 802-5011

Magic Hat Brewing Co.
5 Sartori Bay Rd.,
South Burlington, 868-2739

McNally's Brewery
50 Main St., Brattleboro,
824-2323

**Outer Creek Brewing, Inc. /
We Invert! Certified Organic Ales**
103 Exchange St., Middlebury,
868-0723

Rock Art Brewery
254 Wilson St., Morrisville,
868-9400

Switchback Brewery
100 Flynn Ave., Burlington,
861-7414

Troll River Brewing Company
50 Broad St., Route 5,
Lyndonville, 828-0308

For bars and pubs that
brew their own, see our
regular listings.

CIDERIES & MEADRIES

Alpine Mead
1334 Scott Hwy., Route 302,
Crotchet, 584-8000

Bow Vineyard & Winery
21 Ferry Rd., Weatherfield, 868-4300

Boyd's Valley Winery
10 Route 104 at Route 15,
Canton/Mt. Isa, 864-8761

Brock Farm Vineyards
4203 Twenty Mile Street Rd.,
Prestonville, 225-7142

Charlotte Village Winery
3998 Greenbush Rd., Charlotte,
425-4229

Chateau Terreux
168 Terreux Hill Rd., Orleans,
754-6500

East Shore Vineyard
69 E. Shore St., Grand Isle,
877-378-0400

Eden Ice Cedar Company
1623 Sanderson Hill Rd.,
West Charleston, 865-2838

Flag Hill Farm
123 Irving Rd., Weyan,
865-7324

Fresh Tracks Farm
Winery & Winery
4172 Route 12, Berlin
275-8471

Galloping Hill Farm & Vineyard
344 Moody Rd., Huntington,
434-3332

Grand View Winery
2113 Max Gray Rd., East Calais,
458-7012

**Green Mountain Ciderery
(Woodstock Cider)**
153 Pond Lane, Middlebury,
868-0700 ext. 101

**Hilltop Sugarbush Farm and
Vineyard**
100 Sugarbush Farm Rd.,
Colchester, 863-2928

Honey Gardens Apiculture
2177 Route 3, Perusburgh
877-676-5

Horners Winery & Vineyard
501 Route 112, Jacksonville,
868-2226

La Gorgonzola
Mount Hunger Rd., Grafton
231-1293

Little Nestor Vineyard
St. Albans, 355-5478

Lincoln Peak Vineyard
142 River Rd., New Haven,
868-7388

Mad River Vineyard
3324 E. Warren Rd., Weyan,
863-1118

Maple River Winery
72 Stone Mill Dell Rd., Brandon,
247-6002

North Branch Vineyards
62 Trillium Hill, Middlebury,
868-4169

North River Winery
801 Route 112, River Rd.,
Jacksonville, 868-7557

**Outer Valley
Winery**
1245 Rankin
St., Route 7,
Brandon,
247-6844

**Pottery
Mountain
Winery**
71 Hill Rd.,
Hill Rd.,
Putney,
867-4610

**Shelburne
Wineyard**
8300
Shelburne
Rd., Shelburne,
868-8222



DINING DESTINATIONS

Stone Farm Vineyard & Winery
190 West Shore Rd., South Hero
312-9463

Three Sisters Vineyard
3185 South Rd., Bradford,
222-3526

DISTILLERIES

Flag Hill Farm
135 Ewing Rd., Westfield
665-7724

Green Mountain Distillers
192 Thetford Lane, Stowe,
859-0064

Sebastopol River Distillery
940 Sebastopol River Rd.,
Sebastopol River 859-4903

Smugglers' Notch Distillery
215 Main St., Jeffersonville
309-9377

Vermont Spirits
622 Kinsley Hill Rd.
St. Johnsbury 348-6545

**WhistlePig Straight
Rye Whiskey**
Shenectady 355-1063



Will Drive for Food...

Although there are plenty of fine restaurants in Northern and Central Vermont, it's always good to visit the world beyond your own borders. Hopkirk, neighboring regions—and the big country to the north—have plenty of dining destinations. Here's a mouthful.



MONTRÉAL

Au Pied du Cochon
535 Deulofeu St., Montréal 514-281-7714

Le Club Chasse et Pêche
423 rue St. Claude, Montréal 514-861-1112

l'Express
3927 rue St. Denis, Montréal 514-845-5333

Joe Beef
2401 Notre Dame Ouest, Montréal 514-835-5504

Kochkarotte
1351 boul. René-Lévesque Est, Montréal
514-827-1816

Restaurant DIVA
355 rue Marguerite d'Youville, Montréal
514-253-3357

Le Têtu de Ville at Bell Centre-Ville
777 rue University, Montréal 514-679-4777

NEW HAMPSHIRE

**L.B. Gurdick Handmade Chocolates
and Restaurant**
47 Main St., Randolph 603-795-9058

Stilett's Italian Kitchen & Market
5 Main St., Lyme 603-795-4302



Lake Placid Lodge

NEW YORK

Antiques at Lake Placid Lodge
164 Lodge Way, Lake Placid, 877-523-2700

Cafe in the Woods and Lander
109 Broadway, Saranac Lake, 518-887-3149

The Interlaken Inn
39 Interlaken Ave., Lake Placid 800-428-4999

Liquids and Solids at the Headley Inn
6715 Sentinel Rd., Lake Placid, 518-833-5012

Mirror Lake Inn Resort & Spa
77 Mirror Lake Dr., Lake Placid, 518-523-2544

The Whiteface Lodge
7 Whiteface Inn Ln., Lake Placid 800-933-4048

SOUTHERN VERNMONT

Curtis' BBQ
7 Putney Landing Rd., Putney 877-5424

Depot Café
515 Depot St., Manchester Center 862-8101

*** Fat Franks** (see p. 110)
92 Rockingham St., Bellows Falls 453-4388

The Old Tavern at Grafton
92 Main St., Grafton 800-843-1931

The Perfect Wife Restaurant and Tavern
2584 Depot St., Manchester 862-2817

Peter Hayes
32 Elliot St., Brattleboro 257-8333

T.J. Buckley's
102 Elliot St., Brattleboro, 257-4322

To Kai-Tai Japanese Restaurant
666 Route 10, Chester 868-232-1069

Windham Hill Inn
301 Lawrence Dr., West Townshend 802-844-4080

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the Cascades

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